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Relationships education:

All primary schools, including academies, free schools and independent schools

RSE:

All secondary schools, including academies, free schools and independent schools



Relationships Education, Relationships and Sex Education (RSE) and Health Education

Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, and teachers

July 2025



Health education:

All primary and secondary schools apart from independent schools (where PSHE is already compulsory).

Comprises physical health and mental wellbeing

Lancashire County Council

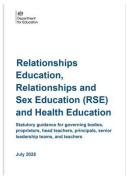


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Curriculum:

- Stronger focus on misogyny and violence against women and girls: The updated guidance aligns with government priorities and national safeguarding concerns, particularly around the influence of pornography and online misogyny.
- •Recognition of diverse family structures: Schools are advised to be inclusive and responsive to the full range of family contexts, including single-parent households, same-sex parents, kinship carers, foster and adoptive families.

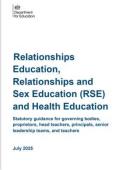




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Curriculum:

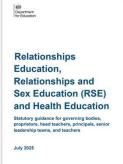
- •Financial exploitation and safeguarding: Financial exploitation is now identified in the guidance as a safeguarding issue, reinforcing the need to include finance education within schools' wider PSHE/ RSHE provision (economic wellbeing still not statutory however).
- •New inclusion of personal safety education: For the first time, schools are expected to teach pupils about recognising risks and staying safe around roads, railways (including level crossings), water (including the Water Safety Code), and in public spaces.
- •Emerging safeguarding risks linked to technology: The guidance acknowledges online risks such as Al-generated deepfakes, harmful online influencers and toxic digital subcultures, as well as greater focus on the harmful nature of pornographic materials.





Curriculum:

- •Managing difficult conversations safely: The importance of establishing safe, supportive classroom environments in which to deliver RSHE topics and responding to sensitive questions is reaffirmed
- •Greater emphasis on mental health: Topics such as grief, loss, and loneliness are specifically highlighted to further strengthen this aspect of the requirements.

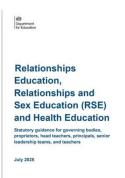




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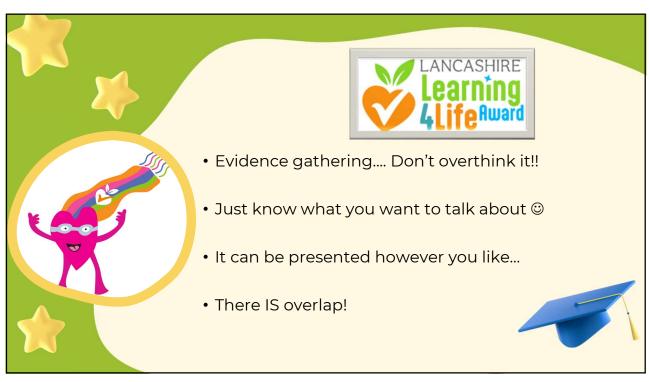
As Professionals

- •The importance of transparency and communication with parents and carers: The updated expectations reinforce and echo the existing need for clear engagement with parents, in order to support a partnership approach to RSHE.
- •Best practice in delivery: The guidance also has sections that encourages skilled delivery, such as the use of distancing techniques and clearly advises against shock tactics and overly graphic content. This is why we must be careful to choose resources that suit our individual settings and be clear on the justification for this.
- •Emphasis on professional judgement and teacher agency: The guidance reinforces the importance of teacher expertise in adapting and selecting RSHE content. Leaders should enable staff to make informed decisions through high-quality training, planning, and access to reliable resources.











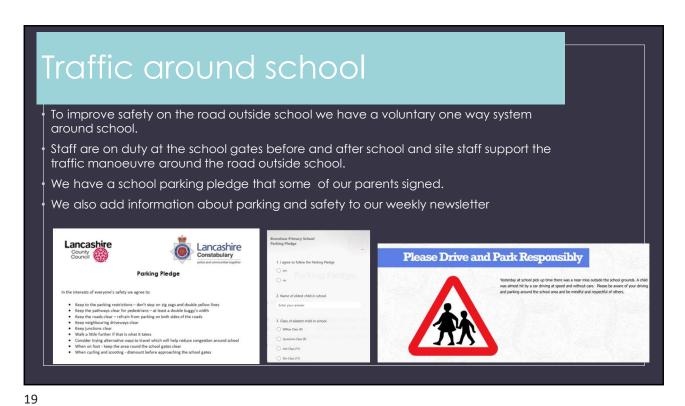


Staying safe

- Bikeabilty
- Aptus Utilities road safety presentation and presentation of Hi-Vis vests
- Walk to school week
- Road safety week
- Staying safe around water
- The Cruicial Crew
- One Punch
- The JJ Effect

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Aptus Utilities road safety presentation and presentation of Hi-Vis vests Aptus Utilities came to school to discuss with the children how to stay safe when the evening become darker earlier. The children were then each presented with their own High-Vis jacket that they can wear so that they can be more easily seen by cars. **Cossing the Road - Be Visible** **C



Staying Safe Around Water

• During the summer term a few of our children were playing unsafely around water. We had extra lessons around staying safe around water and we had a special assembly from the Canal and River Trust. We contacted them directly to support the education of the children around water safety.

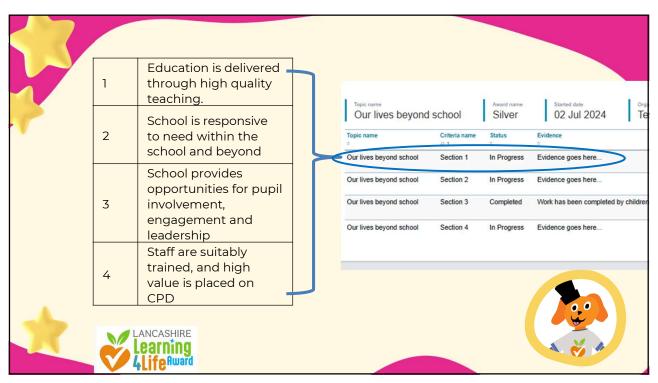
Water Safety

Water Safety

Water Safety

This morning we had a visit from the Canal and River Trust. We were reminded of how to be have a round water and learned to the contact of the safety of the contact of the safety of the sa







earning Going for gold?

- Children need to be leading where they can.
- Thinking of a cause and the impact they can have on the wider community.
- Students to be able to talk to visitors about their personal development opportunities.
- Staff supporting others through their outreach and collaborative working.





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earning Curriculum Units

As part of the development of the award, we are committed to supporting schools to deliver the best of PSHE education.

To do this, we identify key themes within the locality and develop curriculum resources that support the teaching of PSHE in a safe and age-appropriate way.

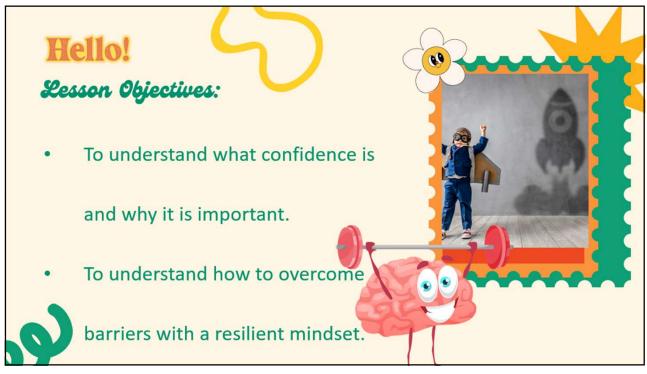
We do this through working alongside school colleagues and various partners to produce comprehensive curriculum units which are made available to schools to use if they wish.

You do not have to be taking part in the L4L Award to access these resource

<u>Links to LL4L Resources and Partners - Lancashire Professional Development Service</u> <u>Publications - Lancashire Professional Development Service</u>



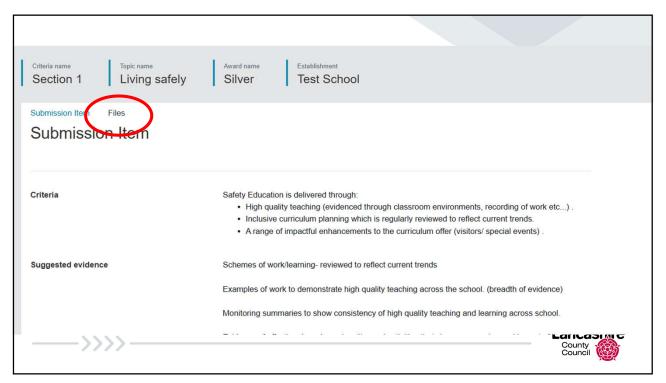


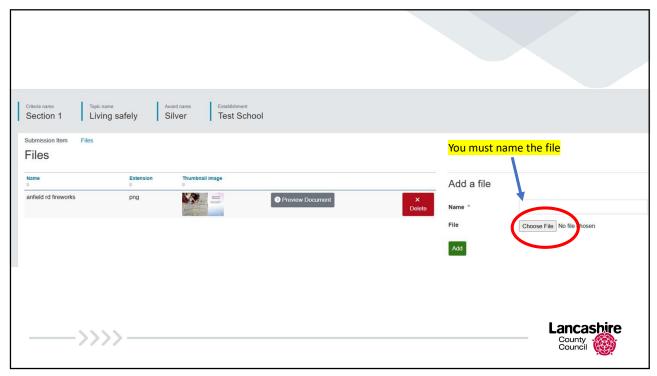
















What's Next?

If you would like to be a part of the Lancashire Learning for Life Award you can order by completing online form:

- https://forms.office.com/e/4jejET8
 5Hd
- You can begin work on the award whenever you like and user support guides will be provided..
- Our team will be in touch!



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