

Cook - A 24 hrs (E-267-0006)												
ROTA	5 day working week						7 day working week					
	Week 1		Week 2		Week 3		Week 1		Week 2		Week 3	
Sunday	Off		Off		Off		Off	0	07.00 - 13.00	6	Off	0
Monday	12.30 - 18.30	6	Off	0	12.30 - 18.30	6	12.30 - 18.30	6	Off	0	Off	0
Tuesday	07.00 - 13.00	6	10.30 - 16.30	6	10.30 - 16.30	6	07.00 - 13.00	6	Off	0	12.30 - 18.30	6
Wednesday	10.30 - 16.30	6	12.30 - 18.30	6	07.00 - 13.00	6	Off	0	12.30 - 18.30	6	10.30 - 16.30	6
Thursday	12.30 - 18.30	6	07.00 - 13.00	6	12.30 - 18.30	6	12.30 - 18.30	6	07.00 - 13.00	6	07.00 - 13.00	6
Friday	Off	0	07.00 - 13.00	6	Off	0	Off	0	07.00 - 13.00	6	07.00 - 13.00	6
Saturday	Off		Off		Off		07.00 - 13.00	6	Off	0	Off	0
Total		24		24		24		24		24		24

Cook - B 24hrs (E-267-0017)												
ROTA	5 day working week						7 day working week					
	Week 1		Week 2		Week 3		Week 1		Week 2		Week 3	
Sunday	Off		Off		Off		07.00 - 13.00	6	Off	0	Off	0
Monday	Off	0	10.30 - 16.30	6	Off		Off	0	10.30 - 16.30	6	Off	0
Tuesday	10.30 - 16.30	6	12.30 - 18.30	6	12.30 - 18.30	6	Off	0	12.30 - 18.30	6	12.30 - 18.30	6
Wednesday	12.30 - 18.30	6	07.00 - 13.00	6	10.30 - 16.30	6	12.30 - 18.30	6	07.00 - 13.00	6	Off	0
Thursday	07.00 - 13.00	6	12.30 - 18.30	6	07.00 - 13.00	6	07.00 - 13.00	6	12.30 - 18.30	6	07.00 - 13.00	6
Friday	07.00 - 13.00	6	off		07.00 - 13.00	6	07.00 - 13.00	6	Off	0	07.00 - 13.00	6
Saturday	Off		Off		Off		Off		Off	0	07.00 - 13.00	6
Total		24		24		24		24		24		24

Cook - C 18hrs (E-267-0018)												
ROTA	5 day working week						7 day working week					
	Week 1		Week 2		Week 3		Week 1		Week 2		Week 3	
Sunday	Off		Off		Off		Off		Off	0	07.00 - 13.00	6
Monday	10.30 - 16.30	6	12.30 - 18.30	6	10.30 - 16.30	6	10.30 - 16.30	6	12.30 - 18.30	6	Off	0
Tuesday	12.30 - 18.30	6	07.00 - 13.00	6	07.00 - 13.00	6	12.30 - 18.30	6	07.00 - 13.00	6	07.00 - 13.00	6
Wednesday	07.00 - 13.00	6	10.30 - 16.30	6	12.30 - 18.30	6	07.00 - 13.00	6	Off	0	12.30 - 18.30	6
Thursday	Off	0	Off	0	Off	0	Off	0	Off	0	Off	0
Friday	Off	0	Off		Off	0	Off	0	Off	0	Off	0
Saturday	Off		Off		Off		Off		07.00 - 13.00	6	Off	0
Total		18		18		18		18		18		18