## Lancashire Early Years Service





The outdoors is the best place to enjoy games and help build my physical, social and emotional skills.



I love running, jumping, climbing and chasing!

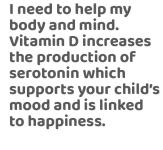


Going outdoors is great fun! Children love using their imagination and talking about what they see.



Scan the QR code for further information and ideas





The sun gives me

the vitamin D that





Children enjoy connecting with nature and exploring different types of plants – it makes them feel calm.

