

## **Bitesize Great Teaching Courses Spring Term 2025**

This provides a brief reference list of Bitesize Great Teaching Courses planned in Spring 2025. These courses can also be tailored to meet schools' individual needs and delivered as twilight or INSET days. Some details can be seen below but further information can be found on the website: You can find further details, including full course descriptions, on our website, [here](#) This also gives you the facility for applying online. If you would like to speak to anyone about a course; please contact the Lancashire Professional Development Team on 01257 516100 / [lpds@lancashire.gov.uk](mailto:lpds@lancashire.gov.uk)  
Bitesize courses provide a one-hour session on a particular element of teaching and learning.

### **PTL141 Great Teaching Bitesize: Stretch and Challenge for Higher Attainers**

This course recognises the challenges of meeting the needs of a wide range of learners in a mainstream classroom and focuses on how to effectively extend higher attaining learners. It will give a range of ideas which can be used across the curriculum.

[Details - Lancashire Professional Development Service](#)

### **PTL160 Great Teaching Bitesize: Reviewing Learning AKA Perfect Plenaries**

This one-hour course is filled with practical ways to review learning across the curriculum. It will give delegates an opportunity to reflect on the structure of their lessons and support pupils to make connections in their learning.

[Details - Lancashire Professional Development Service](#)

### **PTL130 Great Teaching Bitesize: Metacognitive Questions**

The EEF Toolkit describe Metacognition and Self-regulation as having "Very high impact, for very low cost, based on extensive evidence". Questioning is a way to quickly introduce metacognition in the classroom and this course will provide teachers with a bank of questions which can be used during lessons to encourage pupils to plan, monitor and evaluate their work.

[Details - Lancashire Professional Development Service](#)

### **PTL135 Great Teaching Bitesize: Worked Examples**

Worked examples are an effective way to reduce pupils' cognitive load and support learning in any lesson. This short course will look at how worked examples can be used more effectively in lessons and how worked examples can be 'faded' to reduce the scaffolding provided to pupils.

[Details - Lancashire Professional Development Service](#)

### **PTL158 Great Teaching Bitesize: Using Growth Mindset to Support Resilience**

Great Teaching Bitesize sessions will allow busy teachers to focus on one or two key elements to help them reflect on, and enhance, their practice. Growth Mindset is a way of viewing challenges and setbacks. Supporting children to use a range of effective Growth Mindset strategies can have a positive impact on school culture and help children to develop increased resilience.

[Details - Lancashire Professional Development Service](#)

### **Consultancy and Support**

Our bespoke consultancy support can address your priorities through the form of twilights, INSET sessions, online consultancies via video conferencing and one to one support for teachers (e.g., joint planning, collaborative teaching, individual CPD) or subject leaders (e.g., action planning, joint monitoring and evaluating, subject health checks).

Please contact Elaine Williams – [elaine.williams@lancashire.gov.uk](mailto:elaine.williams@lancashire.gov.uk) or Mike Thompson – [mike.thompson@lancashire.gov.uk](mailto:mike.thompson@lancashire.gov.uk) to arrange your consultancy package.