



Focus On...

Who can help us? – Home - Start

Home - Start

Home - Start deliver services promoting family-parent-child based-centred and strength-based trauma informed approaches, offering invaluable support and guidance allowing a family unit to develop, thrive and stay together.

Home - Start offer a home visiting service that provides families with a volunteer who has parenting experience and additional training. The volunteer visits the family each week for up to three hours at a time to provide practical and emotional holistic support that is tailored to meet the needs of each individual family. Families need to have at least one child age 0-11yrs to be eligible for home visiting. They also provide supportive group work across Lancashire for pre-school children and their parents/carer, the groups run for 2 hours once a week during term time. The family groups are structure so that children and parents/carers can play and learn together in a supportive and welcoming environment.

- Lonely or isolated parents
- Parents struggling with the early years development of their baby/child/children.
- Young first time parents
- Families with multiple births or several children
- Families where there is ill health or disability/special needs
- Families who have suffered bereavement
- Parents who have gone through separation, divorce or have left an abusive relationship
- Mum's who have post-natal depression or are at risk of developing it.
- Families who are new to an area
- Families from all backgrounds
- Lone parents
- Families who are struggling navigating agencies and finding the correct service to suit their needs

Home -Start work with a wide variety of professionals and are there to also support you as childcare practitioners. As multi agency partners we are all obliged to support each other to provide the best outcomes for the children we care for. With consent from parents, you can contact Home-Start for support and advice.

Home -Start provides support to families right across Lancashire. Below is the link to the central office and the referral criteria:

[Home Start Central Lancashire | Helping families in the local community \(homestartcentrallancs.org.uk\)](http://homestartcentrallancs.org.uk)

[Make a referral | Home Start Central Lancashire \(homestartcentrallancs.org.uk\)](http://homestartcentrallancs.org.uk)

[Working Well With children and Families in Lancashire](#)

