



Headteacher Briefing

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Schools will be asked to offer a minimum of two hours curriculum PE time and Government will provide support to schools on how to do this through the upcoming refresh of the School Sport Action Plan.



We also believe a national ambition for every child to meet the Chief Medical Officer's recommendation of at least 60 active minutes every day for children 5 – 18 years of age, would galvanise and inspire a broader effort to help primary and secondary age children recover from the consequences of the pandemic and the demands of an increasingly digital age.



Sport Premium Key Indicators

1: Increased confidence, knowledge and skills of all staff in teaching PE and sport

2: Engagement of all pupils in regular physical activity

3: Profile of PE and sport is raised across the school as a tool for whole-school improvement

4: Broader experience of a range of sports and activities offered to all pupils

5: Increased participation in competitive sport





The Primary PE and sport premium

Planning, reporting and evaluating website tool

Updated September 2023

Commissioned by



Department for Education

Created by



Reports must include:

- the amount of PE and sport premium received
- a full breakdown of how it has been spent, including justifying any additional costs incurred
 - including the measurable impact that the school has seen on pupils' PE attainment, physical activity, and sport participation due to the spending; and
 - showcasing how the spend will be sustainable in the future.
- Schools **must** also publish the percentage of pupils within its year 6 cohort in the 2023 to 2024 academic year who met the national curriculum swimming and water safety requirements.
- The department will review the reports of a selection of schools to assess whether their PE and sport premium spending is compliant with the terms set out within this document.



Basis of allocation

- Allocations for the academic year 2023 to 2024 are calculated using the number of pupils in years 1 to 6, as recorded in the January 2023 census, as follows:
- schools with 17 or more pupils receive £16,000 plus £10 per pupil
- schools with 16 or fewer pupils receive £1,000 per pupil





Guidance

PE and sport premium for primary schools

How much PE and sport premium funding schools will receive for the academic year 2023 to 2024 and advice on how to spend it.



Schools should use the PE and sport premium funding to help achieve these aims. It must not be used for core-type school activities. They should use it to make additional and sustainable improvements to the PE, sport and physical activity they provide, such as:

- funding high-quality PE and sport for at least 2 hours a week, complemented by a wide range of extracurricular sport and competitive opportunities
- providing or improving equal access to sport for boys and girls



Continued professional development

Schools should see the continued professional development (CPD) of teachers as a key priority to make sure that the future quality of the teaching of PE, sport and physical activity is sustainable. This includes providing staff with:

- professional development
- mentoring
- appropriate training
- access to external resources

We recommend that schools use established quality assured local, regional and national subject-specific and suitably qualified CPD providers.

Schools should monitor and assess the effectiveness of the CPD being provided to make sure that it is up to standard.



Other effective ways to spend the premium

Schools can also:

- embed physical activity into the school day by encouraging active travel to and from school and having active break times
- provide targeted activities or support to involve and encourage the least active children
- help to provide equal access for all pupils to the range of sports and physical activities that the school offers

Schools can also use the PE and sport premium to raise attainment in primary school swimming and water safety by funding top-up swimming sessions for those pupils that do not meet national curriculum requirements after they've completed core swimming lessons.



Sustainability

Achieving sustainable outcomes is key to any spending of the PE and sport premium.

Before making any decision on what the funding should be used for, schools (in particular, governors and trustees) should consider how the spending will benefit future pupils and what the lasting legacy of this spending will be.

Schools should focus their efforts on upskilling the whole staff workforce so that they feel confident and able to lead a PE lesson independently.



Use of external coaches

Schools may wish to engage the expertise of external coaches to offer their pupils a wider variety of sports. Governing bodies, trustees or proprietors should seek assurance that providers have appropriate safeguarding and child protection policies and procedures in place, including inspecting these as needed.

We do not expect:

- these coaches to replace the need for the primary teaching staff
- schools to use the grant to fund annually repeated coach-led initiatives



Spending in an academic year

Schools must spend the PE and sport premium funding in full for the benefit of the pupils attending the school within the academic year it has been allocated for. Funding should not be allocated to only benefit a certain year group.

Schools cannot roll over any unused funding into the following academic year. They must spend the funding before 31 July 2024 so it can be accounted for in:

- the school's published online report
- the new [digital PE and sport premium reporting tool](#) (once in place)



What the PE and sport premium should not be used for

Funding must not be used for:

- capital expenditure
- employing coaches or specialist teachers to cover planning preparation and assessment arrangements (this should be funded from the school's core staffing budgets)
- teaching the minimum requirements of the national curriculum or, for academies, the existing PE curriculum – apart from top-up swimming lessons after pupils have completed core lessons. Teaching the curriculum should be funded through the school's core funding
- buying services that will be delivered or used in following academic years (this includes paying for invoices and subscriptions in advance)
- goods that exceed the de minimis (lowest) value for purchases set by the school
- buying staff PE kit



Examples of what comes under capital expenditure include:

- multi-use games areas and Daily Mile tracks
- Forest School environments and Trim Trails
- buying vehicles
- fixed playground equipment, such as climbing frames
- trophy cabinets or similar

Examples of what schools should pay for from their staffing budget include:

- subsidising core staffing, such as PE subject leaders or external coaches who are engaged in repeated annual initiatives
- funding the cost of a teaching assistant or apprentice to deliver PE lessons instead of primary teaching staff



School Considerations

- Needs of learners
- Wider school curriculum
- Staffing/timetabling
- Working towards 2 hours





HM Government

School Sport and Activity Action Plan

Update

July 2023

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1172036/School_Sport_and_Activity_Action_Plan.pdf



The action plan was updated in July 2023.

The update:

- aims to improve the quality of PE and school sport provision
- encourages 2 hours of PE a week
- helps to ensure equality of access to sport for girls and boys
- helps to increase the number of children playing sport in school and meeting curriculum expectations, including for swimming and water safety



This action plan sets out how we intend to support senior leaders and teachers to provide high quality PE and sport for at least two hours a week, complemented by a wide range of extra-curricular sport and competitive opportunities. It is important that every pupil benefits from this, and the Government encourages equal access to sport for girls and boys.

The Rt Hon Nick Gibb MP, Minister for School Standards
Department for Education



A new focus for PE and sport

The update focuses on further work to improve the quality of PE and school sport provision, ensuring equality of access to sport, increasing the number of children playing sport in school and meeting curriculum expectations, including for swimming and water safety. The action plan will not sit in isolation. The Government's new sport strategy will set the long-term strategy for sport in the UK and focus on addressing inactivity levels at all ages and making the sport sector more sustainable. The strategy will set out plans to achieve a step-change in activity levels, particularly in children and young people. This action plan supports that aim by ensuring children have increased opportunities to play sport and take physical exercise during their time in school.



High quality PE and sport for all pupils

The Government recognises PE and sport as being integral to what makes an excellent school, with dedicated time in the curriculum ensuring all pupils experience the benefits of regular physical exercise. This is why we are encouraging all schools to deliver a minimum of 2 hours' PE time during the school day every week alongside equal access to sport for girls and boys.



Primary PE and Sports Premium

To improve accountability of the premium, we are introducing a new digital tool for schools to report on spending of their allocation of the premium. The digital tool will be made available from summer 2024 with an expectation for schools to trial completing this tool at the end of the 2023/24 academic year. For the 2024/25 academic year, completion of the digital tool will be required through the conditions of grant for all schools in receipt of the premium. Further information on the digital tool will be provided in the updated PE premium guidance published this summer.



In addition to this we will promote the use of a planning, reporting and evaluation template created by the Youth Sport Trust and Association for PE. This will be for schools to complete alongside the digital tool and will provide opportunities for schools to plan their premium spend to effectively deliver the premium objectives, be more transparent with their premium spend and will offer the opportunity for schools to record more information to support the data submitted through the digital tool. There will still be a requirement for schools to publish this template or a similar report on their website.



Swimming and water safety as a key life skill

Swimming and water safety is included in the primary PE national curriculum. All pupils should be taught to swim and how to be safe in and around water during their time in primary school, which can be usefully reinforced at secondary school.

All pupils should also be taught practical water safety techniques in a pool, such as how to float, tread water, signal for help and exit from deep water. This can be complemented by classroom-based lessons that go further and cover aspects such as coldwater shock, beach flags or the dangers of rip currents.



Summary of actions

High quality PE and sport for all pupils

By the end of 2023 the DfE will publish non-statutory guidance to help primary and secondary schools deal with the issues they face in providing high quality PE and sport, including a focus on girls' equal access and at least 2 hours of PE and sport a week.

In summer 2023 the DfE will publish updated guidance on the Primary PE and Sport Premium, alongside a refreshed tool from the Association for Physical Education and Youth Sport Trust to help schools plan, report and evaluate the use of their premium.

The Department will continue to support Drowning Prevention Week June 2024. New water safety lesson resources for primary schools will be available.

In summer 2024 the new digital reporting tool for the PE premium will become available for schools to use.

In academic year 2024/25 all schools in receipt of the PE premium will be required to complete the digital tool to report on their premium spend



Swimming and water safety

Action: Government, schools and the sport sector will take further action to ensure all children leave primary school with vital swimming and water safety skills.

Update: New virtual water safety lessons from Oak National Academy are available to all schools. The Department has provided an additional £10.1m to improve use of school sport facilities, including swimming pools. New resources to support children with SEND learning to swim and knowing how to be safe in and around the water have been developed through the Department's Inclusion grants, led by the Youth Sport Trust. These resources are available on Swim England's inclusion hub.

The Government has been working closely with the National Water Safety Forum to support the development and launch of a new framework and water safety resources for Key Stages 1-3.



Nine Suggested Outcomes

1. Fall-in entry and recover to surface
2. Float on the back with minimal movement for 60 seconds without floatation equipment
3. Rotate from floating on the back to a vertical position
4. Tread water for 30 seconds
5. Whilst treading water, signal for help once, by extending one arm above the head and simultaneously shouting for help then returning the arm to the water to continue to tread water
6. Swim (without floatation equipment) 15m to a floating object, using a recognised personal survival stroke (head up long arm front paddle or lifesaving backstroke)
7. Retaining the floating object take up the heat escape lessening position/posture for 30 seconds
8. Form a huddle position as a group for 30 seconds
9. Swim 15m to exit the water unaided



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