

# Personal, Social, Health Education

## New to PSHE Subject Leadership

- Develop the knowledge, skills and confidence to lead PSHE.
- Explore the key elements needed to establish clear intent, implementation and impact of PSHE curriculum.
- Provide the opportunity to look at up to date planning tools and resources to deliver effective PSHE.
- Develop an understanding of current statutory guidance.

This course is aimed at people who have just begun the role of PSHE Lead or soon will be.  
 Please note that this course is restricted to two delegates per school

This course is intended for	Course Presenter	Course Fee
Subject Leaders	Jennifer MacDonald	£99
Course Activity Reference	Date	Venue
PSE419 <a href="#">Click to book</a>	Friday 30 September 2022, 9:30am - 12:30pm	Lancashire FA, Leyland

## Special and PRU PSHE Network Meeting

- To help schools to fully implement their PSHE curriculum which includes the statutory requirements.
- To signpost schools to the latest PSHE Association guidance and quality assured resources.
- To provide an update on DfE and Ofsted guidance when appropriate.
- To support PSHE Leads with specific aspects of their role.
- To provide delegates with the opportunity to share ideas and practice, as well as to ask questions.
- To introduce partner agencies who provide high quality and trustworthy information and where appropriate, practical sessions for pupils.
- To follow up the meeting by providing materials in a download.

The charge for these meetings and priority booking are included in the PSHE Service Level Agreement (SLA). There will be a charge for schools without a SLA (dependant on course delivery method).

This course is intended for	Course Presenter	Course Fee
Heads of Department, Subject Leaders, Teachers, PSHE Co-ordinators, Healthy Schools Key Teachers	Jennifer MacDonald	No charge for schools with PSHE SLA £99 for all other schools.
Course Activity Reference	Date	Venue
PSE104 <a href="#">Click to book</a>	Tuesday 22 November 2022, 1:00pm - 4:00pm	Jack McLaughlin Centre, Corpus Christi High School, Preston
	Wednesday 22 March 2023, 1:00pm - 4:00pm	Jack McLaughlin Centre, Corpus Christi High School, Preston

## PSHE Network Meeting for Primary Subject Leads

- To help schools to fully implement their PSHE curriculum which includes the statutory requirements.
- To signpost schools to the latest PSHE Association guidance and quality assured resources.
- To provide an update on DfE and Ofsted guidance when appropriate.
- To support PSHE Leads with specific aspects of their role.
- To provide delegates with the opportunity to share ideas and practice, as well as to ask questions.
- To introduce partner agencies who provide high quality and trustworthy information and where appropriate, practical sessions for pupils.
- To follow up the meeting by providing materials in a download.

For online session, a login and password will be sent to each participant with additional guidance and support for logging in. The charge for these meetings and priority booking are included in the PSHE Service Level Agreement (SLA) for one person. The full cost of the course will be applicable for schools without a SLA.

Please note, that course charges are dependant on the delivery method.

This course is intended for	Course Presenter	Course Fee
Subject Leaders	Jennifer MacDonald	No charge for schools with PSHE SLA. £99 in a venue £85 online
Course Activity Reference	Date	Venue
<b>Autumn Term</b>	Tuesday 15 November 2022, 1:00pm - 4:00pm	Dunkenhalgh Hotel, Accrington
PSE145 <a href="#">Click to book</a>	Wednesday 16 November 2022, 1:00pm - 4:00pm	Garstang Country Hotel and Golf Club
	Thursday 17 November 2022, 1:00pm - 4:00pm	Jack McLaughlin Centre, Corpus Christi High School, Preston
	Thursday 24 November 2022, 1:00pm - 4:00pm	Online video conferencing
<b>Spring Term</b>	Tuesday 14 March 2023, 1:00pm - 4:00pm	Garstang Country Hotel and Golf Club,
PSE145 <a href="#">Click to book</a>	Wednesday 15 March 2023, 1:00pm - 4:00pm	Jack McLaughlin Centre, Corpus Christi High School, Preston
	Thursday 16 March 2023, 1:00pm - 4:00pm	Dunkenhalgh Hotel, Accrington
	Tuesday 21 March 2023, 1:00pm - 4:00pm	Online video conferencing

## PSHE Network Meeting for Secondary Subject Leads

- To help schools to fully implement their PSHE curriculum which includes the statutory requirements.
- To signpost schools to the latest PSHE Association guidance and quality assured resources.
- To provide an update on DfE and Ofsted guidance when appropriate.
- To support PSHE Leads with specific aspects of their role.
- To provide delegates with the opportunity to share ideas and practice, as well as to ask questions.
- To introduce partner agencies who provide high quality and trustworthy information and where appropriate, practical sessions for pupils.
- To follow up the meeting by providing materials in a download.

The charge for these meetings and priority booking are included in the PSHE Service Level Agreement (SLA). There will be a £99 charge for schools without a SLA.

This course is intended for	Course Presenter	Course Fee
Heads of Department, Subject Leaders, PSHE Co-ordinators, SMSC Leads	Jennifer MacDonald	No charge for schools with PSHE SLA £99 for all other schools
Course Activity Reference	Date	Venue
PSE203 <a href="#">Click to book</a>	Wednesday 23 November 2022, 1:00pm - 4:00pm	Jack McLaughlin Centre, Corpus Christi High School, Preston
	Thursday 23 March 2023, 1:00pm - 4:00pm	Jack McLaughlin Centre, Corpus Christi High School, Preston

## New to Teaching PSHE

- Understand the statutory elements of the PSHE curriculum• Explore what effective PSHE planning looks like and how to make the curriculum bespoke.
- Gain confidence with how to deal with those 'tricky questions'.
- Providing delegates with practical tools and ideas of how to create a safe classroom environment to deliver effective PSHE lessons.

This course is aimed at people who are new to teaching PSHE as a subject. It would be good for but is not exclusively aimed at ECTs.

This course is intended for	Course Presenter	Course Fee
HLTA's, Teachers, ECT	Jennifer MacDonald	£99
Course Activity Reference	Date	Venue
PSE424 <a href="#">Click to book</a>	Wednesday 5 October 2022, 1:00pm - 4:00pm	Lancashire FA, Leyland

## Assessment in PSHE Education

PSHE Education is a subject like no other. The aim is to prepare children and young people for the world around them. Their worlds are all unique and individual to them- so how can we possibly assess what we have taught and the impact it has had?

This course aims to support leaders in addressing these concerns and providing practical solutions to be able to monitor the impact of teaching and learning in schools.

As a practical course, it aims to model and open discussions to support what assessment can look like and ways of gathering the evidence for different subjects.

How to teach effective reflection to allow learners to evaluate their own learning and how they can use it practically to support them in their daily lives.

### Assessment in PSHE Education

This course will cover:

- What are we assessing when we assess PSHE Education?
- How do we gather assessment evidence? (Exploring a range of assessment strategies)
- What is the assessment telling us? (interpreting assessments to inform future planning and teaching)
- How can we evidence assessment? (de-bunking the myth about recording pupil progress)
- What next? (considering how to implement this in the classroom).

This can be booked on for SLA schools instead of a consultancy visit.

This course is intended for	Course Presenter	Course Fee
Subject Leaders, Teachers, ECTs	Jennifer MacDonald	£99
Course Activity Reference	Date	Venue
PSE148 <a href="#">Click to book</a>	Thursday 13 October 2022, 1:15pm - 3:45pm	Ribby Hall Village, Wrea Green
	Thursday 1 December 2022, 1:15pm - 3:45pm	Dunkenhalgh Hotel, Accrington
	Tuesday 31 January 2023, 1:15pm - 3:45pm	Lancashire FA, Leyland

## What to say and how to say it:

PSHE Education can sometimes be tricky to teach. It can sometimes lead to more questions than answers:

- What does this...?
- How does this...?
- What if I...?
- What if they...?
- Can I...?
- Where can I...?
- Who can I ask/ tell about...?

This can be daunting for some staff. Sometimes, just knowing exactly what to say, how to approach difficult questions and knowing 'what the right thing to say' is can really build teaching confidence in PSHE education. This course de-bunks myths, explains exactly what to say when addressing those more 'uncomfortable' questions and allows delegates to walk away equipped with exactly what to say and how to say it. Focusing on puberty and changes in adolescent bodies; mental health and wellbeing and safe and respectful relationships- this course creates a safe environment to support colleagues in feeling confident to teach these areas and not 'say the wrong thing'.

This course breaks down the barriers and shares Department for Education guidance.

SMALL numbers on the courses to allow for colleagues to feel comfortable for discussions.

Aimed at those new to teaching, new to a year group, new to leadership and those who just want to make sure they 'say the right thing'.

(there is a course for secondary and primary colleagues).

## What to Say and How to Say it in PSHE Education (Primary)

This course will cover understanding factually accurate information that can be shared with pupils to cover some elements of statutory requirements in primary including:

- teaching about respectful relationships (part of relationships education)
- teaching mental wellbeing (part of health education)
- teaching about the changing adolescent body (part of physical health and mental wellbeing education).

Colleagues delivering elements of the PSHE education curriculum are not always specialists in this area and this can sometimes leave them feeling unsure on how to tackle more sensitive subjects within the statutory requirements. This course is intended to break down guidance from the Department for Education and develop teacher confidence on how to speak with young people about these areas.

Please be aware, places on this course are limited in order to ensure a comfortable atmosphere and promote open discussions for colleagues. They will therefore be repeated throughout the year.

This course is intended for	Course Presenter	Course Fee
Heads of Departments, Subject Leaders, Teachers, ECTs, Teaching Assistants, LTA, SENDCO	Jennifer MacDonald	£99
Course Activity Reference	Date	Venue
PSE140 <a href="#">Click to book</a>	Monday 17 October 2022, 1:15pm - 4:15pm	Ribby Hall Village, Wrea Green
	Wednesday 7 December 2022, 9:15am - 12:15pm	Dunkenhalgh Hotel, Accrington
	Tuesday 17 January 2023, 1:15pm - 4:15pm	Ribby Hall Village, Wrea Green

## What to Say and How to Say it in PSHE Education (Secondary)

This course will cover understanding factually accurate information that can be shared with pupils to cover some elements of statutory requirements in secondary including:

- teaching about safe and respectful relationships in secondary (part of relationships and sex education)
- teaching mental wellbeing (part of health education)
- teaching about the changing adolescent body (part of physical health and mental wellbeing education).

Colleagues delivering elements of the PSHE education curriculum are not always specialists in this area and this can sometimes leave them feeling unsure on how to tackle more sensitive subjects within the statutory requirements. This course is intended to break down guidance from the Department for Education and develop teacher confidence on how to speak with young people about these areas.

Please be aware, places on this course are limited in order to ensure a comfortable atmosphere and promote open discussions for colleagues. They will therefore be repeated throughout the year.

This course is intended for	Course Presenter	Course Fee
Heads of Department, Subject Leaders, Teachers, ECTs, Teaching Assistants, LTA, SENDCO	Jennifer MacDonald	£99
Course Activity Reference	Date	Venue
PSE204 <a href="#">Click to book</a>	Monday 17 October 2022, 9:30am - 12:30pm	Ribby Hall Village, Wrea Green
	Wednesday 7 December 2022, 1:00pm - 4:00pm	Dunkenhalgh Hotel, Accrington
	Tuesday 17 January 2023, 9:30am - 12:30pm	Ribby Hall Village, Wrea Green

## How to Effectively Plan Bespoke Lessons for the PSHE Education Curriculum

This course will cover:

- the roles and responsibilities of creating bespoke lessons;
- creating a lesson proforma and template to suit your school needs;
- developing lessons that are bespoke for your learners;
- how to use data to inform planning; and
- finding ways to evidence quality learning in lessons (including adaptive teaching for SEND pupils).

This course allows teachers and subject leads to delve into the primary statutory curriculum and begin to look at how to create adaptive lessons which meet the needs of learners within their schools. The course will look at curriculum planning and mapping; creating a formula to support teaching and learning of PSHE education and how data and assessments can be used to develop lessons which are bespoke to the needs of the children in school. In preparation for the review of the statutory guidance - it will support teachers to confidently address the question of 'why this, why now?' when they are planning and delivering PSHE education lessons to pupils.

This course is intended for	Course Presenter	Course Fee
Heads of Department, Subject Leaders, Teachers, ECTs	Jennifer MacDonald	£189
Course Activity Reference	Date	Venue
PSE149 <a href="#">Click to book</a>	Tuesday 25 April 2023, 9:30am – 3:30pm	Ribby Hall Village, Wrea Green

## How to contact us

Lancashire Professional Development Service

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