

Let's Learn at Home

Fun things to
do this week



Lancashire Early Years Consultants Team

Children under 3 years old



What do we need?

Playing and learning at bath time

- Ideally a non-slip bath mat as children will sometimes want to stand up in the bath
- Different kinds of sponges and flannels
- A variety of different sized vessels, for example, shampoo bottles, empty plastic milk bottles and soap dispensers
- Graded plastic funnels and jugs
- Water play toys, for example, animals that squirt water, plastic ducks, fish and other animals you may find in water
- Plastic dolly
- Towel

What do we do?

- Supervise toddler at all times
- Check the temperature of the water to ensure it is suitable for the child to get in the bath
- Encourage your toddler to choose what he or she wants to play with
- Give your child lots of eye contact
- Use descriptive language e.g. I am pouring the water into the cup, I am squeezing the sponge in my hand
- Provide simple instruction and questions for the child to follow e.g. "Can you empty the bottle?"
- Clearly name the items and toys and the actions you are using
- Allow the toddler to add and take away different toys from the bath to further enhance their play

What are we learning?

- New vocabulary
- Descriptive language
- Imagination
- Creativity
- Being aware of their senses
- Early maths and science
- Fine motor skills
- Body awareness

Children 3 to 5 years old



What do we need?

Let's experiment with water and colour

Rainbow Rain

- a container
- shaving foam
- eye droppers/pipettes
- food colouring
- water

What do we do?

- Fill your container two thirds full with water
- Squirt the shaving foam across the top of the water until it looks like clouds
- Drop the food colouring onto the top of your shaving foam clouds
- Watch as the colouring works its way through the foam and then explodes into the water



What are we learning?

- Ways to experiment with colour mixing
- Creativity, curiosity and fascination
- Developing fine motor skills
- How different liquids react with each other



What do we need?

Create a washing station outside

- Waterproof apron or a change of clothes
- Sun cream if doing this outdoors
- Container for the water e.g. baby bath, large plastic box, bucket, water tray
- Washing up liquid, bubble bath or anything that makes bubbles
- Brushes, sponges and cloths

What do we do?

- Set up a washing station outside for children to clean their toys. You will need a couple of bowls for them to do this. One for washing with soap and the other for rinsing
- Children can wash all the toys from indoors e.g. Duplo, bricks, dollies, small cars, trains and jigsaws. The list is endless and perfect for a lovely sunny day
- Children can use sponges or cloths or scrubbing brushes for larger items
- You could also have a car wash or a laundry



What are we learning?

- Developing fine motor skills
- Exploration and experimentation
- Sensory, immersive, calming experiences
- Creativity and imaginative play

