

# Menus

## Traditional Meal Deal

**Monday** Brunch: Pork or Veggie Sausages, Free Range Omelette with Hash Browns & Baked Beans  
**Tuesday** Crispy Fish Fillet Burger with Paprika Potatoes & Mixed Vegetable Medley  
**Wednesday** Roast of the Day with Traditional Trimmings, Creamy Mashed Potatoes & Seasonal Vegetables  
**Thursday** Chicken & Leek Pie with Baby Baked Potatoes, Broccoli Florets & Carrot Batons  
**Friday** Crispy Battered Fillet of Fish or Vegan Fishless Fingers with Chips & Mushy Peas

## Global Meal Deal

**Monday** Spaghetti Neapolitan with Garlic Dough Balls & Green Leaf Salad (v)  
**Tuesday** Chicken Tikka Curry with Turmeric Rice & Coriander Naan  
**Wednesday** BBQ Pork or Plant-Based Meatball Sub Roll with Cajun Potato Wedges & Mixed Salad  
**Thursday** Loaded Chilli Beef Nachos with Soured Cream & Tomato Salsa  
**Friday** Thai Vegetable Curry with Lemon & Coriander Rice (v)

## Vegetarian Meal Deal

**Monday** Baked Falafel Flatbread with Minted Yoghurt, Mixed Salad & Cous Cous (v)  
**Tuesday** Vegan Chilli Taco Boats with Paprika Potatoes & Mixed Salad (v)  
**Wednesday** Vegetable Lasagne with Garlic Bread & Green Leaf Salad (v)  
**Thursday** Cheese & Onion Loaded Potato Skins with Homemade Coleslaw & Mixed Salad (v)  
**Friday** Homemade Margherita Pizza with Chips & Mixed Salad (v)

## Dessert of the Day

**Monday** Apple Pie & Cream, Chocolate Muffin, Fruit, Yoghurt or Juice  
**Tuesday** Peach Melba & Raspberry Sauce, Lemon Shortbread, Fruit, Yoghurt or Juice  
**Wednesday** Chocolate & Mandarin Sponge & Custard, Raspberry Bun, Fruit, Yoghurt or Juice  
**Thursday** Jam & Cream Scone, Chocolate Cookie, Fruit, Yoghurt or Juice  
**Friday** Lemon Drizzle Cake, Flapjack, Fruit, Yoghurt or Juice

A choice of hot or cold filled sandwich or choice of filled baked jacket potato with mixed salad are also available daily.

## Traditional Meal Deal

**Monday** Pork or Vegetarian Sausages in Gravy with Creamy Mashed Potatoes, Broccoli Florets & Carrot Batons  
**Tuesday** Cheese & Red Onion Quiche with Baby Baked Potatoes, Mixed Salad & Coleslaw  
**Wednesday** Roast of the Day with Traditional Trimmings, Roast & Mashed Potatoes & Seasonal Vegetables  
**Thursday** British Beef Burger with Paprika Potatoes & BBQ Beans  
**Friday** Crispy Battered Fillet of Fish or Vegan Fishless Fingers with Chips & Mushy Peas

## Global Meal Deal

**Monday** Southern Fried Chicken & Garlic Mayo Wrap with Cajun Potato Wedges & Tomato Salsa  
**Tuesday** Spaghetti Bolognaise with Garlic Dough Balls & Mixed Salad  
**Wednesday** Beef Lasagne with Garlic Bread & Green Leaf Salad  
**Thursday** Thai Chicken Curry with Lemon & Coriander Rice  
**Friday** Homemade Margherita Pizza with Chips & Mixed Salad (v)

## Vegetarian Meal Deal

**Monday** Sweet Potato & Red Pepper Curry with Turmeric Rice & Coriander Naan (v)  
**Tuesday** Plant-Based Meatballs with Onion Gravy, Herby Potatoes, Fine Green Beans & Carrot Batons (v)  
**Wednesday** Sweet Chilli Vegetables with Soft Egg Noodles & Veggie Spring Rolls (v)  
**Thursday** Macaroni & Cheese Bake with Garlic Ciabatta Bread & Broccoli Florets (v)  
**Friday** Penne Arrabbiata with Garlic Dough Balls & Green Leaf Salad (v)

## Dessert of the Day

**Monday** Lemon & Courgette Cake, Flapjack, Fruit, Yoghurt or Juice  
**Tuesday** Fruit Jelly & Ice Cream, Raspberry Bun, Fruit, Yoghurt or Juice  
**Wednesday** Toffee Apple Sponge & Custard, Cherry Shortbread, Fruit, Yoghurt or Juice  
**Thursday** Summer Fruit Fool & Biscuit Crunch, Chocolate Cookie, Fruit, Yoghurt or Juice  
**Friday** Paris Slice, Chocolate Muffin, Fruit, Yoghurt or Juice

A choice of hot or cold filled sandwich or choice of filled baked jacket potato with mixed salad are also available daily.

## Traditional Meal Deal

**Monday** Pork or Plant-Based Meatballs in Tomato Sauce with Penne Pasta & Broccoli Florets  
**Tuesday** Chunky Fish Fingers or Vegan Fishless Fingers with Herby Potatoes, Mixed Vegetable Medley & Lemon Mayonnaise  
**Wednesday** Roast of the Day with Traditional Trimmings, Roast & Mashed Potatoes & Seasonal Vegetables  
**Thursday** Ploughman's Pie with Creamy Mashed Potatoes, Broccoli Florets & Carrot Batons  
**Friday** Crispy Battered Fillet of Fish or Vegan Fishless Fingers with Chips & Mushy Peas

## Global Meal Deal

**Monday** BBQ Chicken Flatbread with Crispy Paprika Potatoes, Homemade Coleslaw & Mixed Salad  
**Tuesday** Beef Madras Curry with Turmeric Rice & Coriander Naan  
**Wednesday** Caribbean Style Chicken Curry with Coconut Rice  
**Thursday** Seafood Paella with Green Leaf Salad & Crusty Bread  
**Friday** Homemade Cheese & Tomato Calzone Pizza with Chips & Mixed Salad (v)

## Vegetarian Meal Deal

**Monday** Loaded Spicy Bean Nachos with Vegan Cheese & Tomato Salsa (v)  
**Tuesday** Cheddar Cheese Whirl with Herby Potatoes & Baked Beans (v)  
**Wednesday** Vegan Sausages with Roast Potatoes, Seasonal Vegetables & Gravy (v)  
**Thursday** Tomato & Mascarpone Pasta with Mixed Salad & Garlic Dough Balls (v)  
**Friday** Vegetable Korma Curry with Turmeric Rice & Coriander Naan (v)

## Dessert of the Day

**Monday** Carrot & Orange Cake, Chocolate Cookie, Fruit, Yoghurt or Juice  
**Tuesday** Summer Fruit Crumble & Ice Cream, Lemon Muffin, Fruit, Yoghurt or Juice  
**Wednesday** Jam & Coconut Sponge & Custard, Ginger Cookie, Fruit, Yoghurt or Juice  
**Thursday** Seasonal Berry Eton Mess, Chocolate Muffin, Fruit, Yoghurt or Juice  
**Friday** Chocolate Brownie & Chocolate Sauce, Banana Flapjack, Fruit, Yoghurt or Juice

A choice of hot or cold filled sandwich or choice of filled baked jacket potato with mixed salad are also available daily.

## Week 1

Week commencing:  
13th June, 4th & 25th July,  
15th August, 5th & 26th  
September, 17th October,  
7th & 28th November.

## Week 2

Week commencing:  
20th June, 11th July,  
1st & 22nd August,  
12th September,  
3rd & 24th October,  
14th November.

## Week 3

Week commencing:  
6th & 27th June, 18th July,  
8th & 29th August,  
19th September,  
10th & 31st October,  
21st November.

All our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Whilst every effort is made to produce the published menu, please note that they may vary occasionally subject to availability.

# Putting Fun into Food

