

## Classroom Activities



Classroom activity - invite the children with various levels of hand cleanliness to touch pieces of plain white bread taken from the same loaf on the same day.

Then seal the bread in individual plastic bags to see what happens one month later.

Pour some water into a bowl and sprinkle some pepper into the water. The pepper will float across the surface of the water acting as germs. Apply a small amount of soap onto the child's finger and watch the pepper (germs) scatter away.





## Classroom Activities



For this activity you will need to add oil to a child's hand and the add some finely ground coffee. This will show that when a child shakes another child's hand how easy it is to spread germs. When the child washes their hand with water only it will not fully clean their hand, therefore is shows the importance of soap. Soap is needed to remove dirt and oil that out hands naturally secrete.

Have everyone participating in the experiment rub baby oil on their hands.

One person sprinkle glitter onto their hands. These are our germs. Shake hands with everyone else to see how the germs spread

Pick up a cup (or some other item) to see how easily germs are transferred

Try washing your glittery hands in warm water without soap. Then wash your hands again with soap and see the difference





## Classroom Activities



For this activity the children will need to design their own eye mask. They will then cover their hands in paint out the eye mask on and see how well they can wash their hands with their eyes covered. We can't always see the germs on our hands this will be a great activity to get the children used to not just washing the visible dirt from their hands

For this activity you will need to fill plastic gloves with water and freeze overnight, once the gloves are frozen draw different germs on the gloves with pen and the children can use soap and water to wash the germs off the gloves.

