

## **Dance by Example Level 1:**

**Dance by Example** – DanceSyndrome will deliver our in-house accredited training course) to people with learning disabilities who want to gain a qualification and learn how to teach inclusive dance. Those who participate can become Dance Leaders. These are the details of the course:

### **Objective:**

Dance Leadership Level 1 is a nationally recognised qualification that enables learners to assist in leading purposeful and enjoyable dance activities.

**Length of course:** 42 hours

### **Content:**

During the course there will be a mixture of practical work and written work. Learners will work to complete four units:

Unit 1 – Developing leadership skills

Unit 2 – Plan, assist in leading and review a dance activity

Unit 3 – Lead dance activities which promote a healthy lifestyle

Unit 4 - Using music and stimulus in dance

### **Assessment:**

Assessments are made in different ways throughout the course including:

- Practical observation–video/photos can be used to support this
- Discussions
- Questioning of underpinning knowledge
- Plans and evaluations completed during the course

Learners will complete an LER (Learner Evidence Record) in order to complete the course.

### **What do you need to complete the course?**

- Comfortable clothing that you will be able to move freely in (loose fitting t shirt, tracksuit bottoms, and trainers)
- A pen and paper
- A desire to learn new skills and inspire others