

# Week 1

## Traditional Meal Deal

- Monday BBQ Chicken Flat Bread with Paprika Potatoes, Garden Peas & Sweetcorn
- Tuesday Braised Beef Goulash with Mixed Rice & Broccoli Florets
- Wednesday Roast of the Day with Traditional Trimmings, Roast & Creamed Potatoes & Seasonal Vegetables
- Thursday Homemade Cottage Pie with Seasonal Cabbage & Carrots
- Friday Crispy Battered Fish with Chunky Chips & Mushy Peas

## Traditional Meal Deal

- Monday Pork Meatballs with Tomato & Herb Sauce, Penne Pasta & Broccoli Florets
- Tuesday Lancashire Cheese & Onion Frittata with Baby Baked Potatoes & Baked Beans
- Wednesday Chicken & Spicy Bean Burrito with Baked Potato Wedges & Soured Cream
- Thursday Cheddar Cheese & Bacon Loaded Potato Skins with Mixed Salad & Coleslaw
- Friday British Beef Burger with Chunky Chips & BBQ Beans

## Vegetarian Meal Deal

- Monday Roast Root Vegetable Casserole with Cheese & Herb Dumplings & Sliced Beetroot
- Tuesday Vegetarian Sausages with Onion Gravy, Creamed Potatoes, Fine Green Beans & Carrots
- Wednesday Homemade Margherita Pizza with Mixed Salad & Coleslaw
- Thursday Sweet Potato, Red Pepper & Spinach Curry with Mixed Rice & Coriander Naan
- Friday Spicy Pasta Arrabiata with Homemade Garlic Dough Balls

## Dessert of the Day

- Monday Raspberry & Coconut Sponge with Custard, Lemon Muffin, Fruit, Yoghurt or Juice
- Tuesday Jam & Cream Scone, Cherry Cookie, Fruit, Yoghurt or Juice
- Wednesday Fruity Bread & Butter Pudding with Custard, Chocolate Muffin, Fruit, Yoghurt or Juice
- Thursday Warm Chocolate Brownie with Hot Chocolate Sauce, Banana Flapjack, Fruit, Yoghurt or Juice
- Friday Eve's Pudding with Custard, Shortbread Biscuit, Fruit, Yoghurt or Juice

A choice of hot or cold filled sandwich or filled jacket potato are also available on a daily basis.

# Week 2

## Traditional Meal Deal

- Monday Pork Sausages with Onion Gravy, Creamed Potatoes, Broccoli Florets & Carrots
- Tuesday Homemade Steak & Onion Pie with Baby Baked Potatoes, Garden Peas & Gravy
- Wednesday Roast of the Day with Traditional Trimmings, Roast & Creamed Potatoes & Seasonal Vegetables
- Thursday Creamy Paprika Chicken with Herby Potatoes, Fine Green Beans & Carrots
- Friday Crispy Battered Fish with Chunky Chips & Mushy Peas

## Traditional Meal Deal

- Monday Southern Fried Chicken Tortilla Wrap with Paprika Wedges & BBQ Beans
- Tuesday Chilli Con Carne with Mixed Rice & Nachos
- Wednesday Sweet Chilli Chicken with Crunchy Vegetables & Noodles
- Thursday Pasta Bolognese with Homemade Garlic Dough Balls
- Friday Homemade Chicken Curry with Mixed Rice & Coriander Naan

## Vegetarian Meal Deal

- Monday Vegetable Biryani Curry with Coriander Naan
- Tuesday Creamy Tomato & Mascarpone Pasta with Homemade Garlic Bread
- Wednesday Homemade Margherita Pizza with Mixed Salad & Coleslaw
- Thursday Brunch, Veggie Sausage, Free Range Omelette, Hash Browns & Baked Beans
- Friday Spicy Bean Burger with Chunky Chips & Mixed Salad

## Dessert of the Day

- Monday Toffee Apple Crumble with Custard, Berry Muffin, Fruit, Yoghurt or Juice
- Tuesday Creamy Rice Pudding with Mixed Berries, Chocolate Cookie, Fruit, Yoghurt or Juice
- Wednesday Chocolate & Mandarin Sponge with Custard, Sticky Parkin, Fruit, Yoghurt or Juice
- Thursday Lemon Drizzle Cake, Raspberry Bun, Fruit, Yoghurt or Juice
- Friday Sticky Toffee Pudding with Custard, Fruit Shortbread, Fruit, Yoghurt or Juice

A choice of hot or cold filled sandwich or filled jacket potato are also available on a daily basis.

# Week 3

## Traditional Meal Deal

- Monday Meatball Marinara Melt Sub Roll with Baked Potato Wedges, Garden Peas & Sweetcorn
- Tuesday Homemade Chicken & Vegetable Hotpot with Broccoli Florets & Sliced Beetroot
- Wednesday Roast of the Day with Traditional Trimmings, Roast & Creamed Potatoes & Seasonal Vegetables
- Thursday Homemade Beef Lasagne with Garlic Bread & Mixed Salad
- Friday Crispy Battered Fish with Chunky Chips & Mushy Peas

## Traditional Meal Deal

- Monday Creamy Pasta Carbonara with Homemade Garlic Dough Balls
- Tuesday Salmon & Sweet Potato Fishcakes with Sweet Chilli Vegetables & Noodles
- Wednesday Homemade Beef Curry with Mixed Rice & Coriander Naan
- Thursday Homemade Quiche Lorraine with Baked Baby Potatoes & Baked Beans
- Friday Chinese Chicken Curry with Chunky Chips, Garden Peas & Sweetcorn

## Vegetarian Meal Deal

- Monday Homemade Cheese & Onion Pie with Herby Potatoes, Garden Peas & Gravy
- Tuesday Pasta Neapolitan with Homemade Cheesy Garlic Bread
- Wednesday Homemade Margherita Pizza with Mixed Salad & Coleslaw
- Thursday Veggie Quorn Chilli with Mixed Rice & Nachos
- Friday Baked Macaroni Cheese Gratin with Homemade Garlic Bread & Mixed Salad

## Dessert of the day

- Monday Jam Sponge with Custard, Cherry Cookie, Fruit, Yoghurt or Juice
- Tuesday Lemon & Ginger Shortbread, Chocolate Muffin, Fruit, Yoghurt or Juice
- Wednesday Vanilla Sponge with Chocolate Sauce, Fruity Flapjack, Fruit, Yoghurt or Juice
- Thursday Carrot Cake Muffin, Chocolate Cookie, Fruit, Yoghurt or Juice
- Friday Apple Pie with Custard, Raspberry Bun, Fruit, Yoghurt or Juice

A choice of hot or cold filled sandwich or filled jacket potato are also available on a daily basis.

## Week 1

WEEK COMMENCING  
17th January,  
7th & 28th February, 21st March,  
11th April, 2nd May.

## Week 2

WEEK COMMENCING  
3rd & 24th January,  
14th February, 7th & 28th March,  
18th April, 9th May.

## Week 3

WEEK COMMENCING  
10th & 31st January,  
21st February, 14th March,  
4th & 25th April.

All our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Whilst every effort is made to produce the published menu, please note that they may vary occasionally subject to availability.

# Putting Fun into Food

