

Risk assessment framework for discharging residents back to care homes with outbreaks

Last winter, the Management of Care Home Outbreaks working group drafted a suggested framework for risk assessments to inform decision making on possible discharges of care homes residents into care homes experiencing COVID-19 outbreaks. We have updated this framework and confirmed with the UKHSA Adult Social Care COVID-19 Response Team that this remains applicable. Where necessary, adopting this approach will help to:

- ensure that each outbreak is risk assessed, based on the specific situation in the care home including staffing, suitable accommodation and the optimal placement for the resident; and
- avoid the need to keep an individual in hospital for 28 days whilst waiting for a VOC outbreak to be declared over (if safe to do so).

Decisions involving resident discharge back to a care home known to have a COVID-19 outbreak should be based on an individual and dynamic risk assessment which encompasses a wide range of issues, including but not limited to:

The resident

- their COVID-19 vaccination status (primary course and booster)
- their ability to isolate on re-admission
- their individual needs and how these would be impacted by outbreak control measures or by alternative accommodation
- their personal preferences (importantly, residents and their families should be made aware
 of the situation and given the opportunity to highlight any concerns and make alternative
 arrangements where necessary)

Outbreak status

- the stage of the outbreak e.g. emerging versus recovery
- any evidence of ongoing transmission (informed by testing data)
- incubation periods/infectious periods and number/proportion of residents likely to be infectious (and their ability to self-isolate)

The care home

- the proportion of residents and staff that have received vaccination booster doses
- the ability for IPC advice to be followed within the home including zoning of resident and cohorting of staff
- type of care home and the residents that live there (which may in turn impact on ability to follow outbreak prevention and control actions).

Author: Dr Will Morton, Consultant in Health Protection, UKHSA NW.

Date: 15th December 2021