|  | Monday |  |
| :---: | :---: | :---: |
| Choice 1 | Pork Sausages \& Onion Gravy | $\begin{aligned} & \text { Creamed Potatoes } \\ & \text { Carrot Batons } \\ & \text { Garden Peas } \end{aligned}$ |
| Choice 2 | Creamy Cheese \& Pasta Bake (v) | Homemade Garlic Bread \& Salad Selection |
| Choice 3 | Baked Jacket Potato with a Choice of Filling | Freshly Prepared Salad Selection |
| Desserts | $\begin{aligned} & \text { Fruit Crumble } \\ & \text { with } \\ & \text { Custard or Cream } \end{aligned}$ | Fruit Yoghurt Fruit Selection Organic Milk |


| Tuesday $=$ |  | Wednesday wn |  |
| :---: | :---: | :---: | :---: |
| Lancashire Cheese \& Potato Pie <br> (v) | Broccoli Florets \& Sliced Beetroot | $\begin{aligned} & \text { Roast Beef } \\ & \text { Yorkshire Pudding } \\ & \text { \& } \\ & \text { Gravy } \end{aligned}$ | Roast Potatoes Seasonal Cabbage \& Carrot Batons |
| Veggie Baked Bean Chilli (v) | Mixed Rice \& Tortilla Chips | Pasta Neapolitan (v) | Homemade Garlic Dough Balls \& Salad Selection |
| French Bread Pizza with Cooks Choice of Topping | Paprika Potatoes Vegetable Sticks $\stackrel{\&}{\text { \& }}$ | Baked Jacket Potato with a Choice of Filling | Freshly Prepared Salad Selection |
| Shortbread Biscuit \& Melon Wedges | Fruit Yoghurt Fruit Selection Organic Milk | Lancashire Cheese \& Crackers with Grapes | Fruit Yoghurt Fruit Selection Organic Milk |


| Thursday |  |
| :---: | :---: |
| Creamy Chicken Tikka Curry | Mixed Rice \& Naan Bread |
| Roasted Vegetable Hotpot (v) | $\begin{gathered} \text { Seasonal Cabbage } \\ \& \\ \text { Sliced Beetroot } \end{gathered}$ |
| Tuna \& Cheese Panini Melt | $\begin{gathered} \text { Herby Potatoes } \\ \& \\ \text { Freshly Prepared } \\ \text { Salad Selection } \end{gathered}$ |
| Fruit Jelly \& Orange Wedges | Fruit Yoghurt Fruit Selection Organic Milk |


| Friday Favourites |  |
| :---: | :---: |
| $\qquad$Golden Crumb <br> Omega 3 <br> Fish Fingers | Oven Baked Chips <br> or New Potatos <br>  <br> Garden Peas |
| Homemade <br> Pizza <br> Margherita <br> (v) | Oven Baked Chips <br> or New Potatoes <br>  <br> Sweetcorn |
| Baked Jacket Potato <br> with a <br> Choice of Filling | Freshly Prepared <br> Salad Selection |
| Chocolate Cookie <br> $\&$ <br> Milkshake | Fruit Yoghurt <br> Fruit Selection <br> Organic Milk |

## Meat-Free Monday

## Tuesday

## Choice 1

 Homemade Soup$\&$
Cheese Panini Melt
(v)
Tortilla Chips
Vegetable Sticks
$\&$
Dips
Homemade
Garlic Dough Balls
$\&$
Broccoli Florets
Freshly Prepared
Salad Selection
Sruit Yoghurt
Fruit Selection
Organic Milk


## Wednesday 망굴

Thursday

| Friday Favourites |  |
| :---: | :---: |
| Crispy <br> Battered <br> Fish | Oven Baked Chips <br> or New Potatoes <br>  <br> Garden Peas |
| Homemade <br> Pizza <br> Margherita <br> (v) | Oven Baked Chips <br> or New Potatoes <br>  <br> Sweetcorn |
| $:$Baked Jacket Potato <br> with a <br> Choice of Filling | Freshly Prepared <br> Salad Selection |
| Chocolate Brownie <br> $\&$ | Fruit Yoghurt <br> Fruit Selection <br> Organic Milk |
| Orange Wedges |  |



|  | Monday |  | Tuesday $\quad$ min |  | Wednesday |  | Thursday ㄸm |  | Friday Favourites |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Choice 1 | Pasta Bolognaise | Homemade Garlic Bread \& Salad Selection | Crispy Bubble Coated Salmon | Herby Potatoes Garden Peas \& Sweetcorn | $\begin{aligned} & \text { Roast Pork } \\ & \text { Yorkshire Pudding } \\ & \text { \& } \\ & \text { Gravy } \end{aligned}$ | Roast Potatoes Seasonal Cabbage $\&$ Carrot Batons | Chinese Style Chicken Curry | Mixed Savoury Vegetable Rice | Crispy Tempura Fish Goujons | Oven Baked Chips or New Potatoes \& Garden Peas |
| Choice 2 | Choice of Filled Free Range Omelette | $\begin{gathered} \text { Paprika Potatoes } \\ \& \\ \text { Broccoli Florets } \\ \text { or Baked Beans } \end{gathered}$ | Puff Pastry Cheese Whirl (v) | Herby Potatoes \& Baked Beans | Pasta Arrabbiata (v) | $\begin{aligned} & \text { Homemade } \\ & \text { Garlic Dough Balls } \\ & \& \\ & \text { Salad Selection } \end{aligned}$ | Loaded Cheese \& Onion Potato Skins (v) | Baked Beans <br>  <br> Salad Selection | Homemade Pizza Margherita (v) | Oven Baked Chips or New Potatoes \& Sweetcorn |
| Choice 3 | Baked Jacket Potato with a Choice of Filling | Freshly Prepared Salad Selection | French Bread Pizza with Cooks Choice of Topping | Tortilla Chips Vegetable Sticks $\stackrel{\&}{\text { Dips }}$ | Baked Jacket Potato with a Choice of Filling | Freshly Prepared Salad Selection | Pork Sausage in a Bun with <br> Tomato Ketchup | Tortilla Chips Vegetable Sticks $\stackrel{\&}{\text { Dips }}$ | Baked Jacket Potato with a Choice of Filling | Freshly Prepared Salad Selection |
| Desserts | Marble Sponge with Custard or Cream | Fruit Yoghurt Fruit Selection Organic Milk | Homemade Jam \& Cream Split | Fruit Yoghurt Fruit Selection Organic Milk | Lancashire Cheese \& Crackers with Grapes | Fruit Yoghurt Fruit Selection Organic Milk | $\begin{gathered} \text { Fruit Jelly } \\ \text { \& } \\ \text { Orange Wedges } \end{gathered}$ | Fruit Yoghurt Fruit Selection Organic Milk | Chocolate Cupcake <br>  <br> Melon Wedges | Fruit Yoghurt Fruit Selection Organic Milk |

Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.


