

## LRF Support Bubble and Childcare Bubble Messages

### Support Bubbles

Message	Image
<p>A support bubble is a support network which links 2 eligible households.</p> <p>You should not form a support bubble with a household that is part of another support bubble.</p> <p>Find out if you're eligible: <a href="https://bit.ly/35DcyGi">https://bit.ly/35DcyGi</a></p>	
<p>You're allowed to leave your home to visit your support bubble or stay overnight. But it's best to form a support bubble with a household who live locally to help prevent the virus spreading from an area where more people are infected.</p> <p>Find out more: <a href="https://bit.ly/39sMb6T">https://bit.ly/39sMb6T</a></p>	
<p>If you or anyone in your support bubble develops symptoms or tests positive for coronavirus, you must all follow the stay at home guidance.</p> <p>Find out more: <a href="https://bit.ly/3nAH2Pi">https://bit.ly/3nAH2Pi</a></p>	

### Childcare Bubbles

Message	Image
<p>If you live in a household with anyone aged under 14, you can form a 'childcare bubble'. This allows friends or family from one other household to provide informal childcare.</p> <p>More info about Childcare Bubbles: <a href="https://bit.ly/3oCkezY">https://bit.ly/3oCkezY</a></p>	
<p>You can only have one childcare bubble with one other household.</p> <p>Members of either household can provide childcare in a home or public place. This includes overnight care.</p> <p>More info: <a href="https://bit.ly/39ugqKL">https://bit.ly/39ugqKL</a></p>	
<p>You can only use a childcare bubble for childcare. You must not meet socially with your childcare bubble, and must avoid seeing members of your childcare and support bubbles at the same time.</p> <p>More info: <a href="https://bit.ly/39ugqKL">https://bit.ly/39ugqKL</a></p>	

If you or anyone in your childcare bubble develops symptoms or tests positive for coronavirus, you must all follow the stay at home guidance.

More info: <https://bit.ly/39ugqKL>

### Childcare Bubble

If anyone in your childcare bubble develops symptoms or tests positive for coronavirus, follow the stay at home guidance.



LET'S  
DO  
IT  
TOGETHER