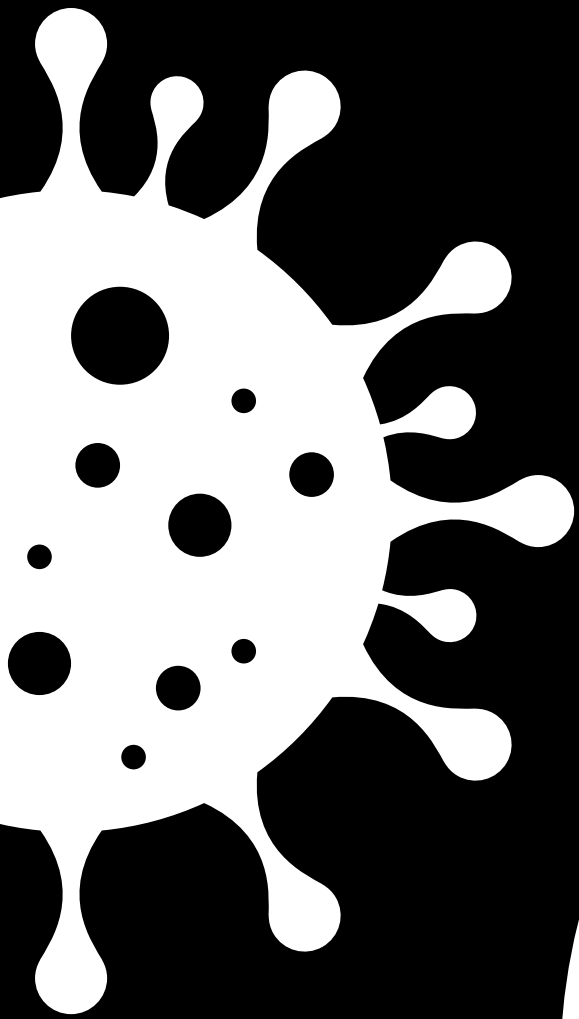


MYTH



I'm young. Only older people are affected by COVID-19, so I'm okay.

**LET'S
DO
IT**  **FOR
LANCASHIRE**

REALITY



It affects all communities and ages. Follow the guidance to keep family and friends safe.



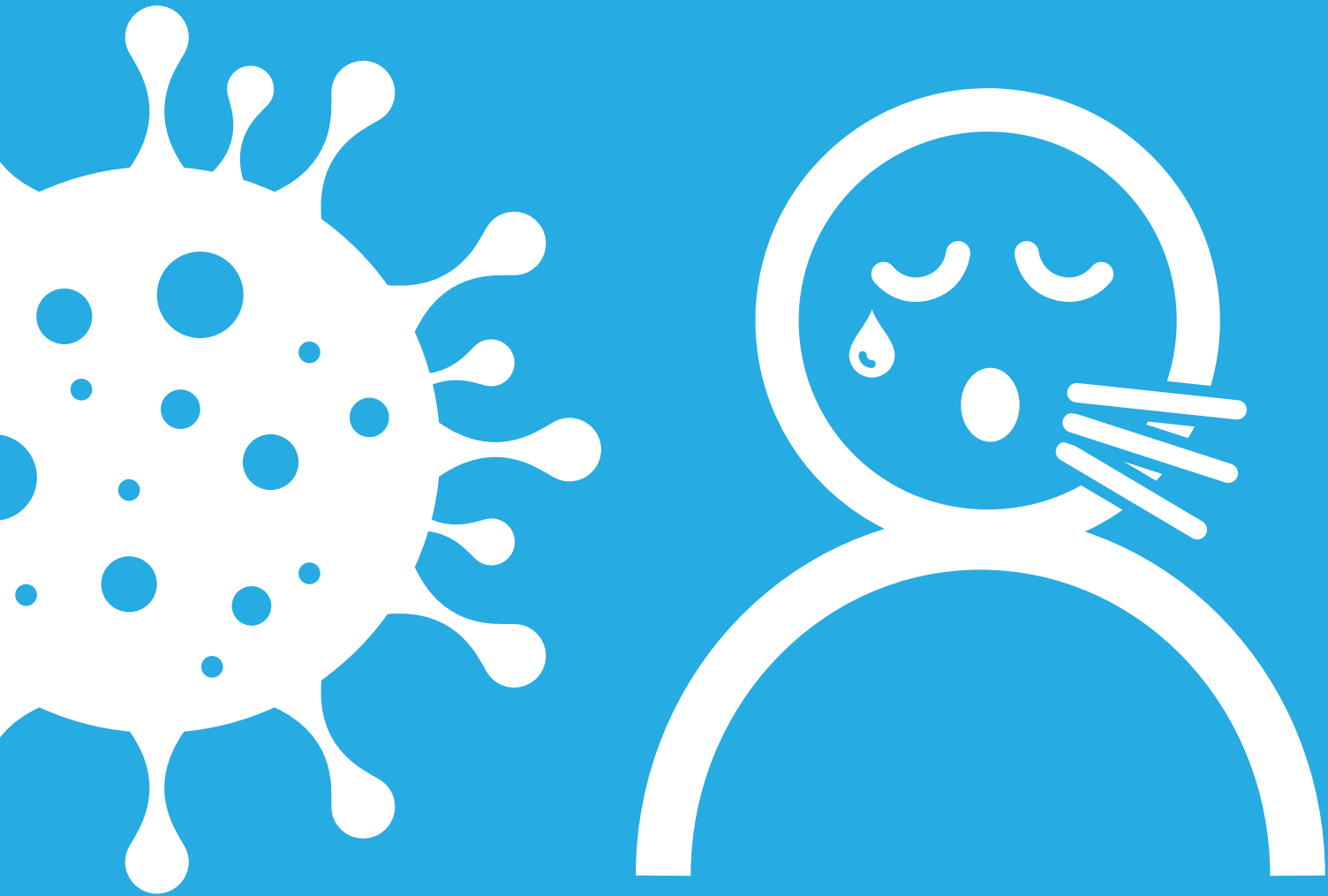
MYTH



Isn't COVID-19 just a cold.

**LET'S
DO
IT**  **FOR
LANCASHIRE**

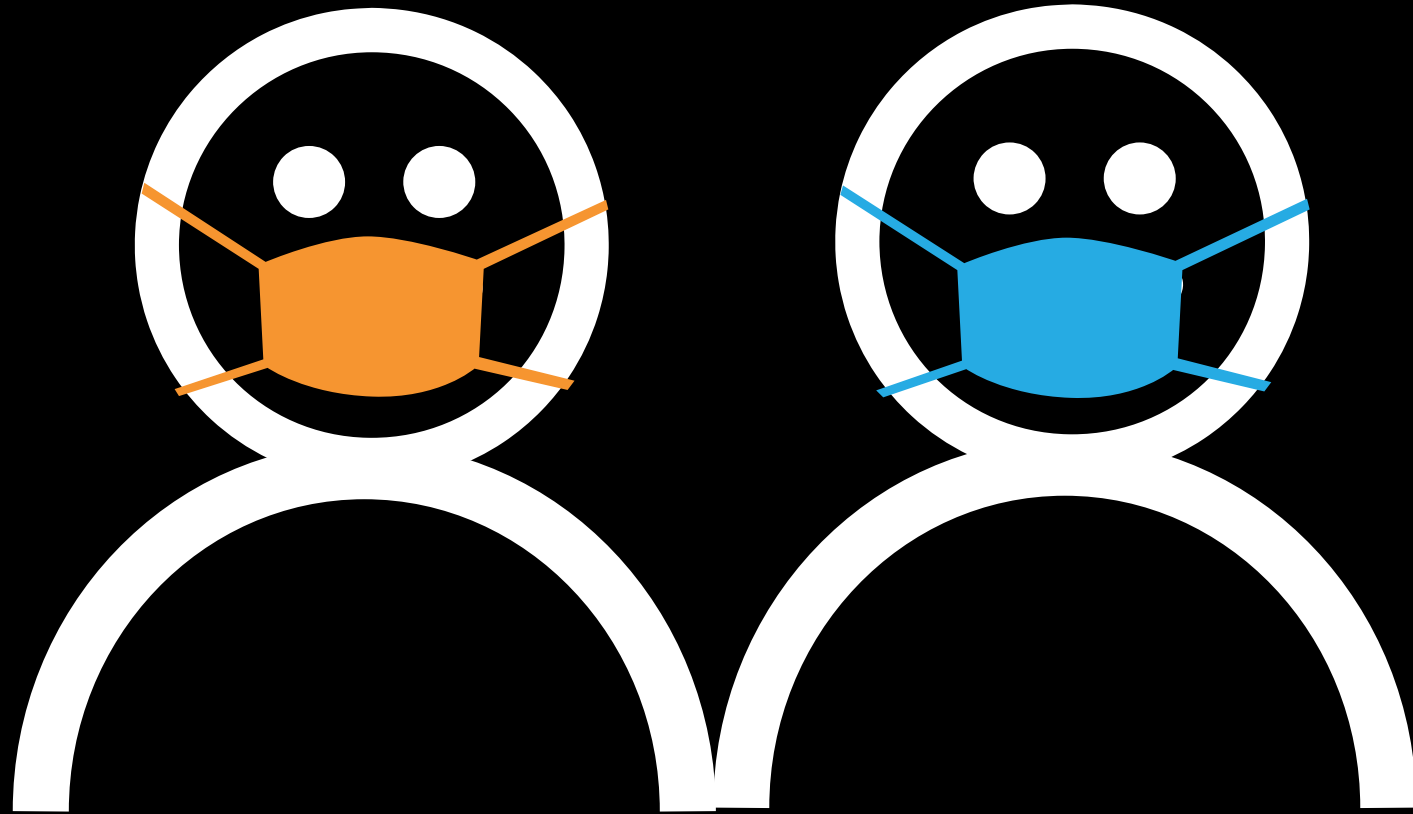
REALITY



COVID-19 is more than just a cold and can severely impact your health.

**LET'S
DO
IT**  **FOR
LANCASHIRE**

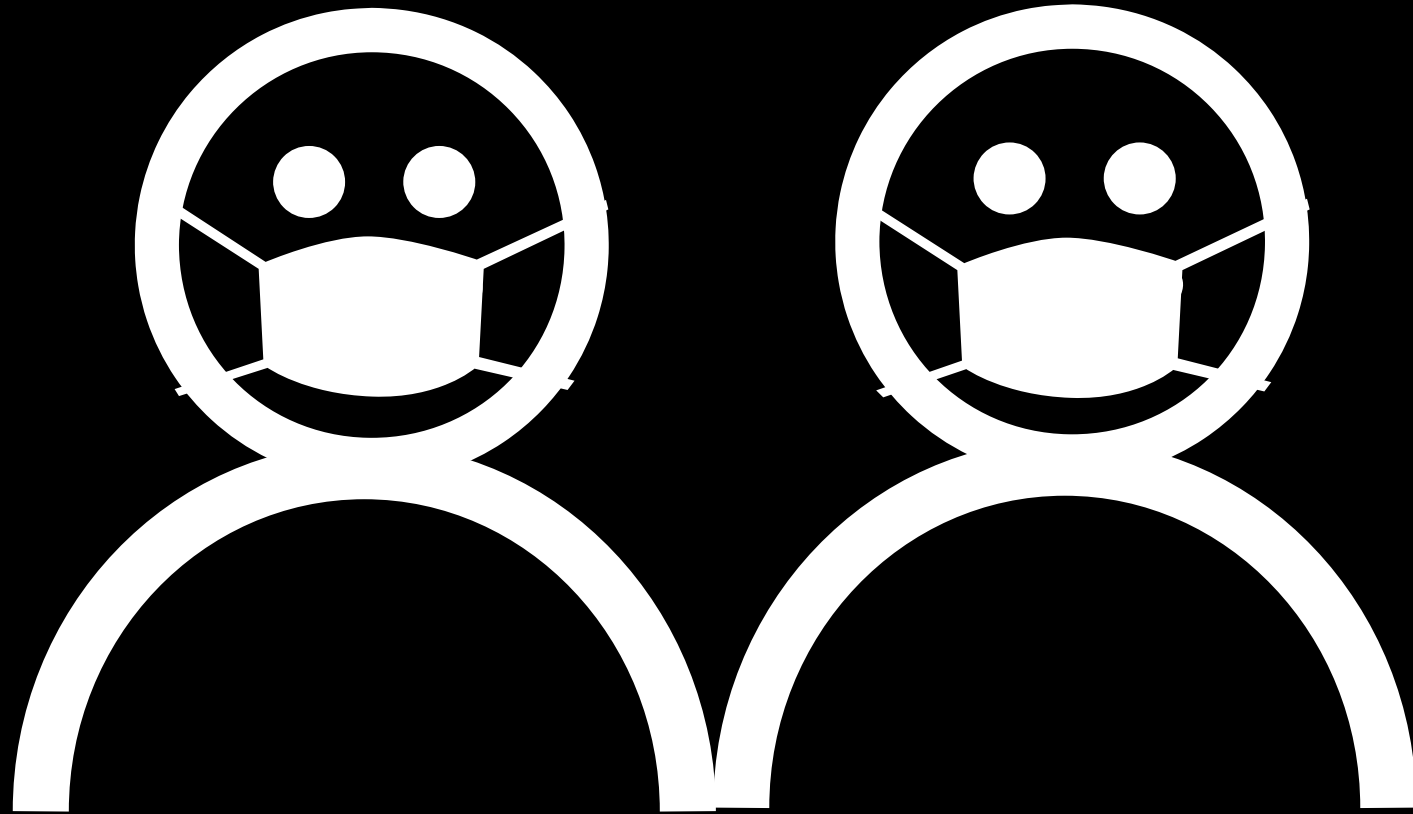
MYTH



**With a face covering,
you don't need to
social distance.**

**LET'S
DO
IT**  **FOR
LANCASHIRE**

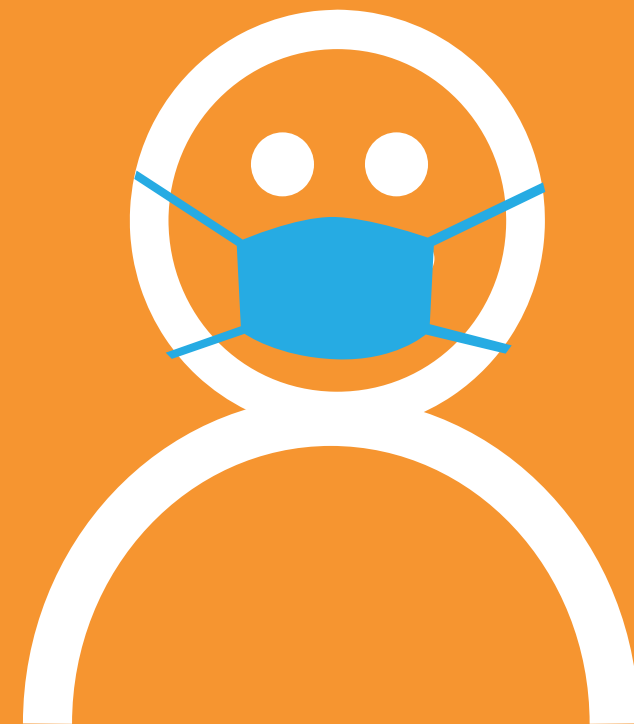
MYTH



**With a face covering,
you don't need to
social distance.**

**LET'S
DO
IT**  **FOR
LANCASHIRE**

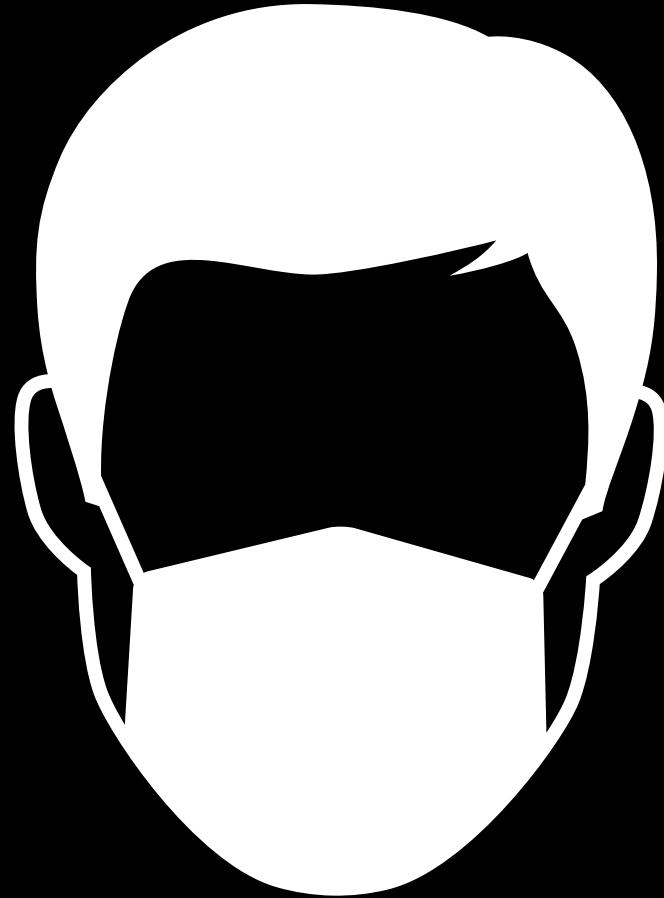
REALITY



Face coverings help to reduce the spread, but still leave space between you and other people.



MYTH



**With a face covering,
you don't need to
social distance.**

**LET'S
DO
IT**  **FOR
LANCASHIRE**

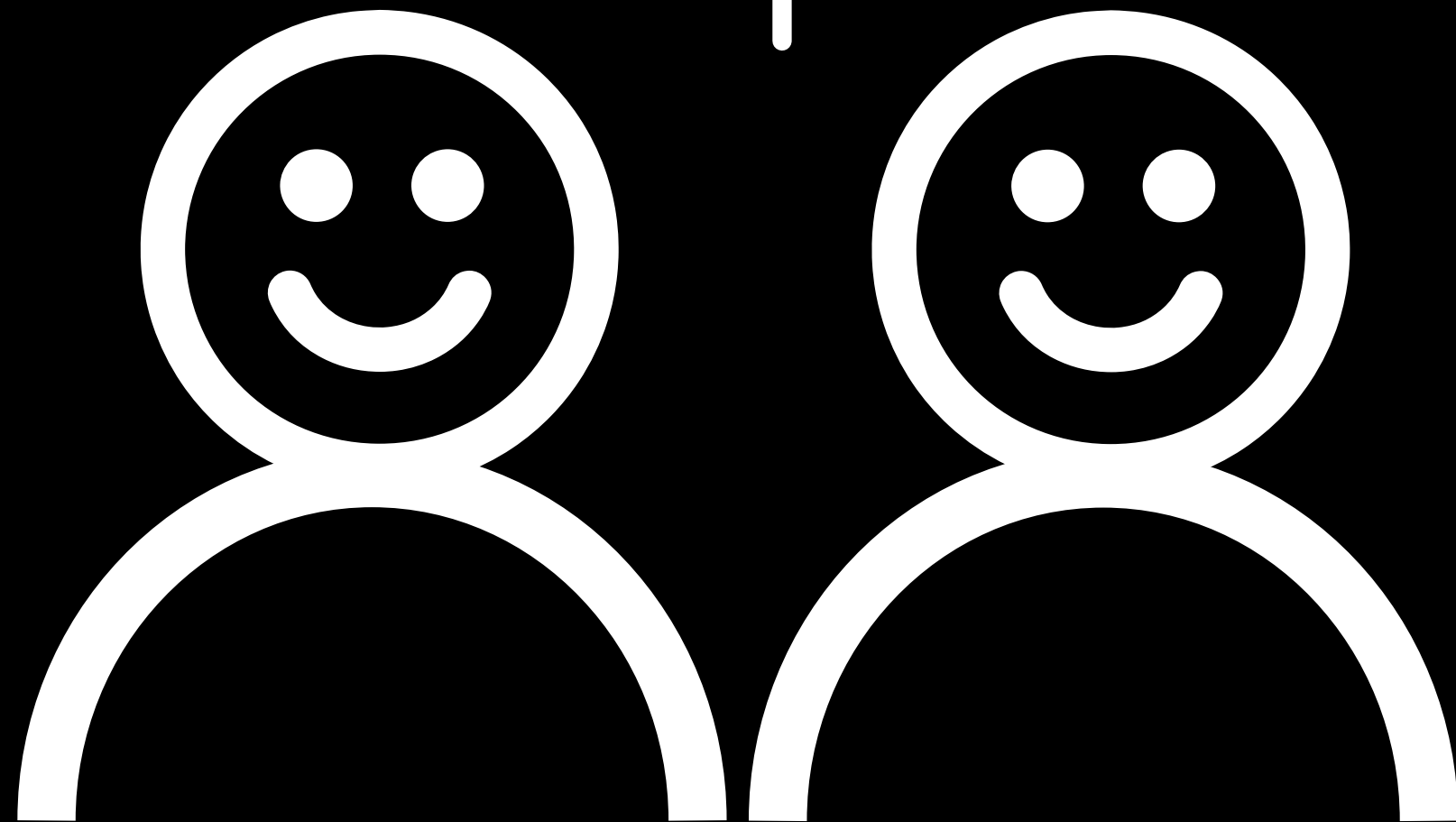
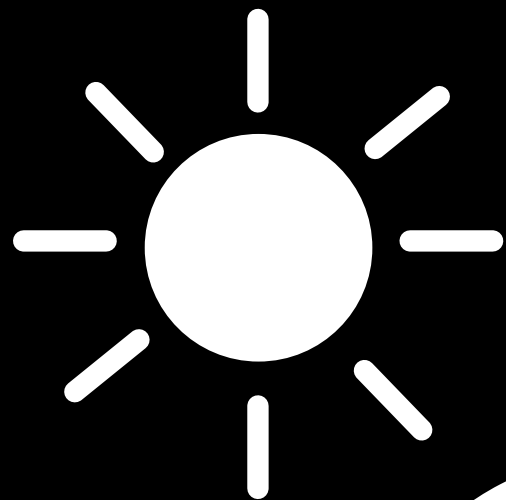
REALITY



Face coverings help to reduce the spread, but still leave space between you and other people.



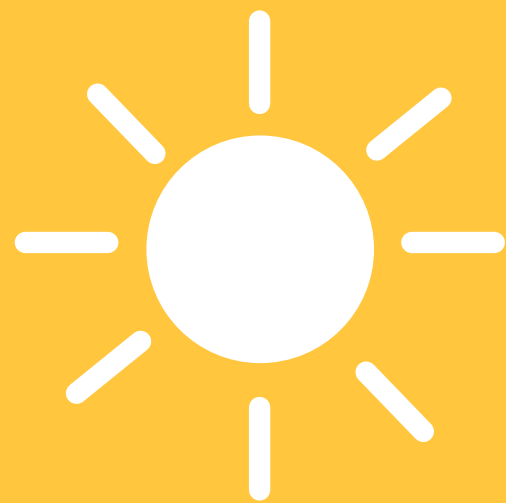
MYTH



**Social distancing
isn't needed if you
are outside.**

**LET'S
DO
IT**  **FOR
LANCASHIRE**

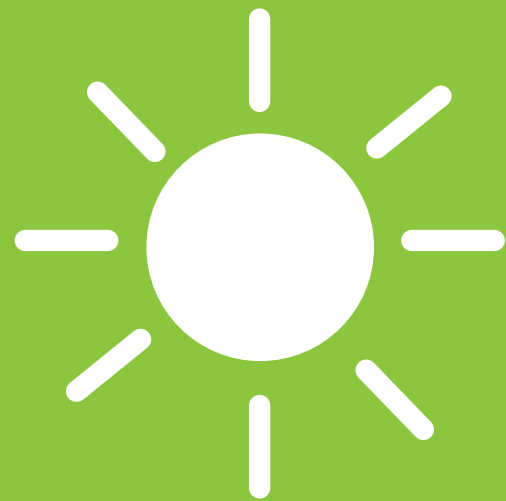
REALITY



You still need to distance from people if you're outdoors. It's lower risk, but still there.



REALITY



You still need to distance from people if you're outdoors. It's lower risk, but still there.



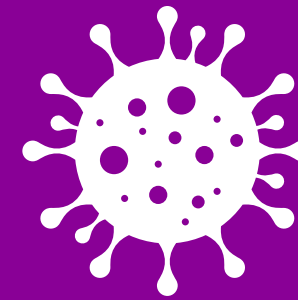
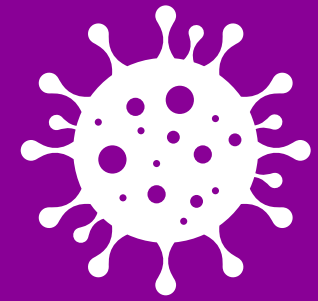
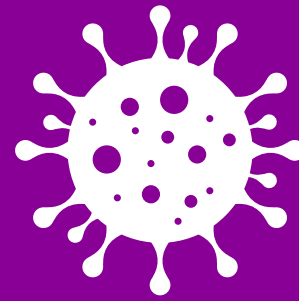
MYTH



**It's not in my area,
so we don't need
to do anything.**

**LET'S
DO
IT**  **FOR
LANCASHIRE**

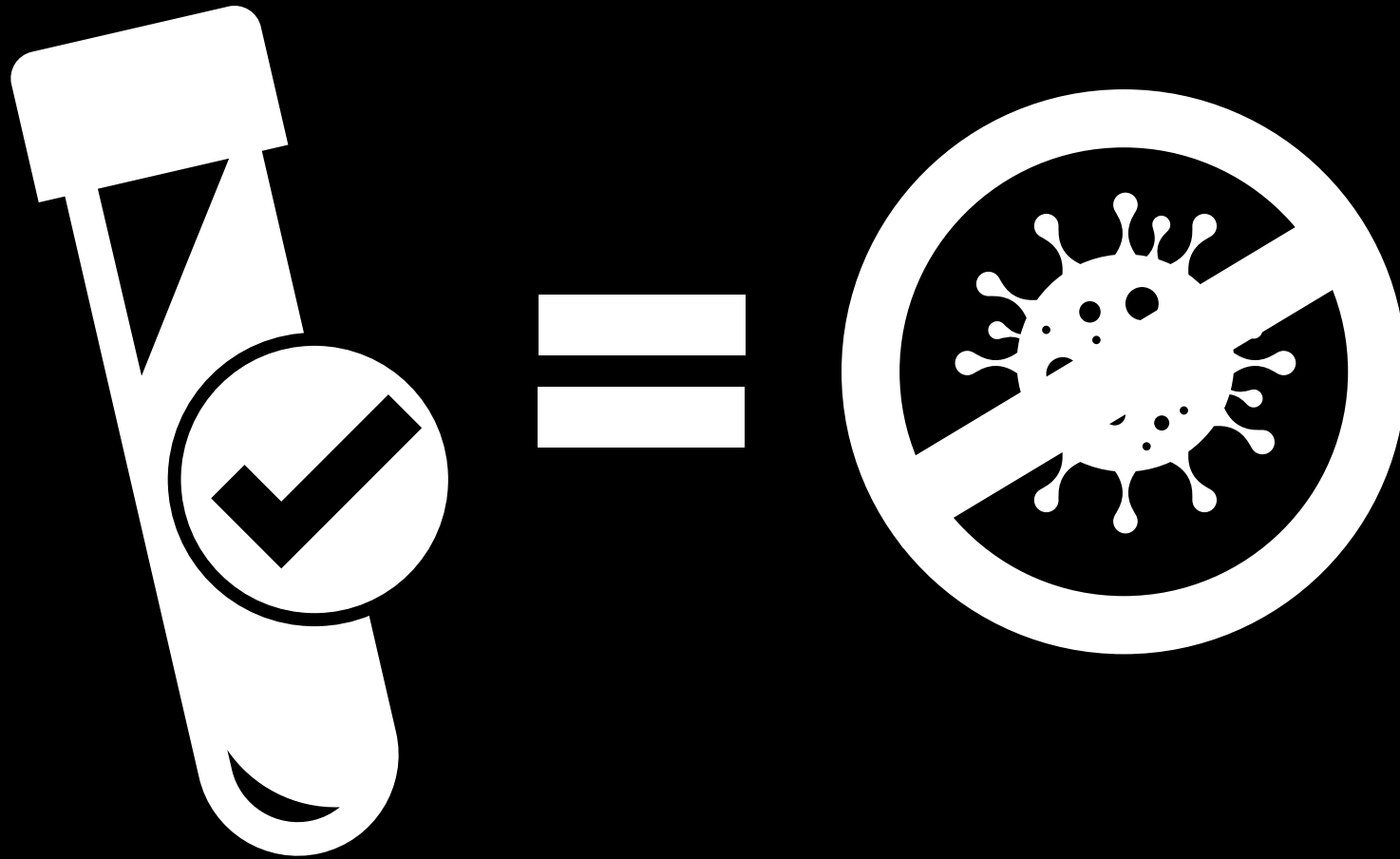
REALITY



**COVID-19 can affect any community.
If it's not where you live, still follow
the guidance.**



MYTH



If people test positive, they bring in more restrictions. So don't get tested.

**LET'S
DO
IT**  **FOR
LANCASHIRE**

REALITY



Tests identify the spread of COVID-19. If numbers rise, local measures help to protect you.

**LET'S
DO
IT**  **FOR
LANCASHIRE**

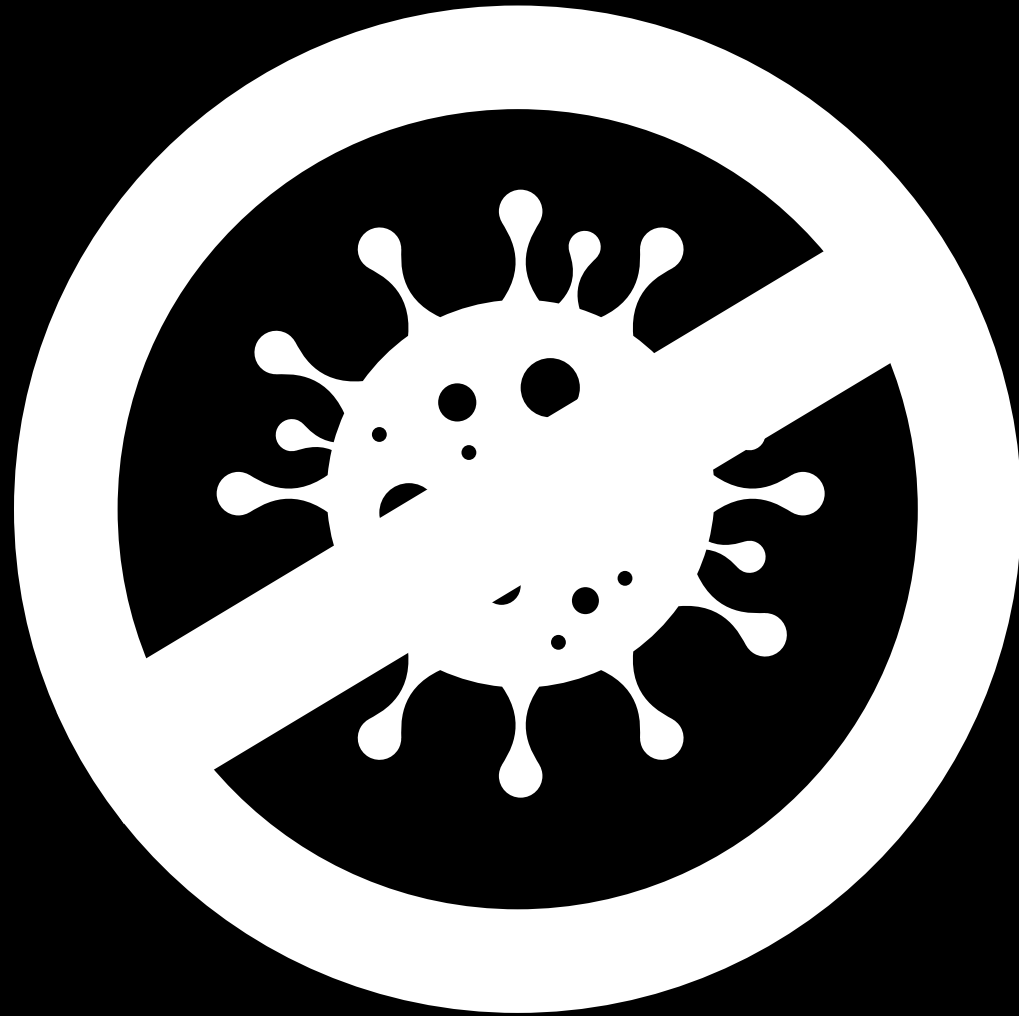
REALITY



Tests identify the spread of COVID-19. If numbers rise, local measures help to protect you.

**LET'S
DO
IT**  **FOR
LANCASHIRE**

MYTH



**These measures are
just designed to keep
my area under control.**

**LET'S
DO
IT**  **FOR
LANCASHIRE**

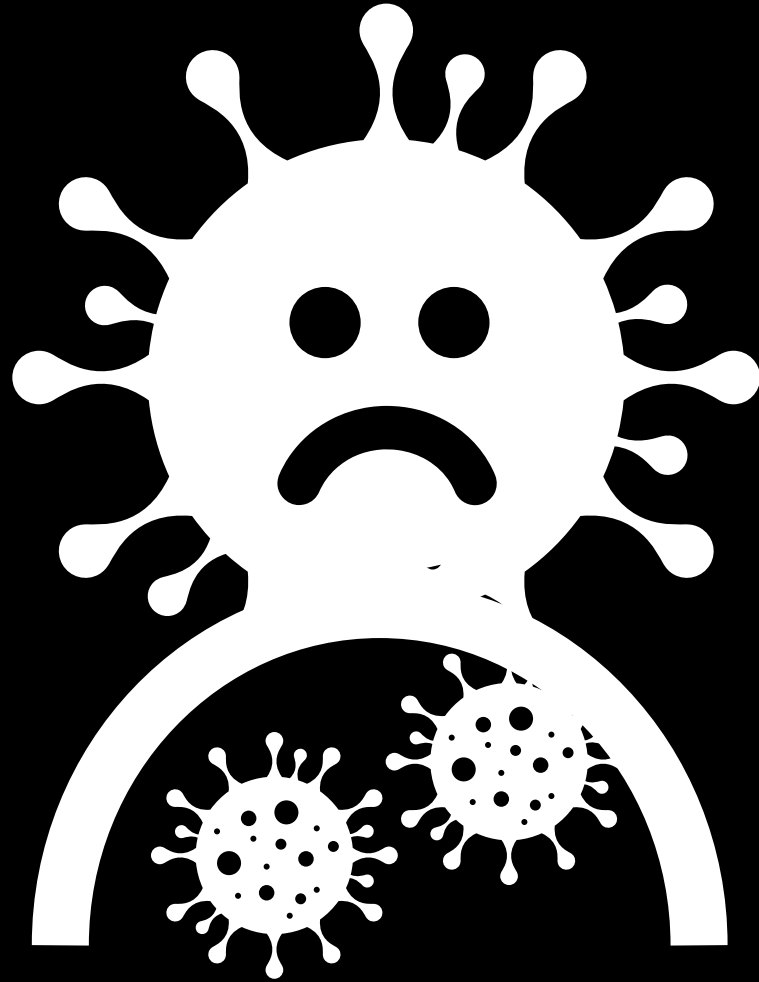
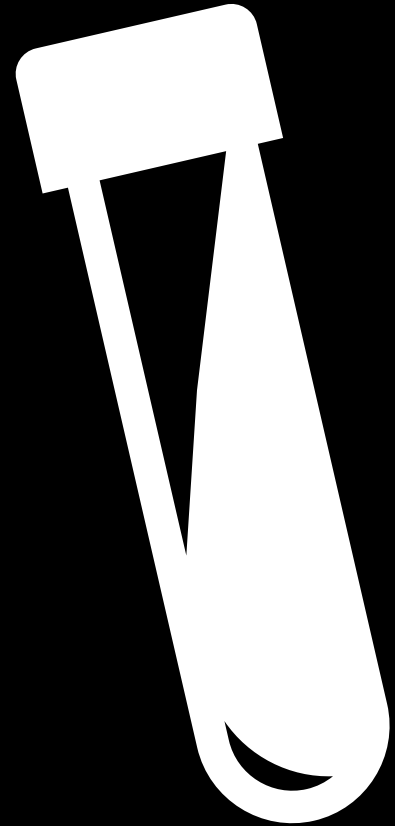
REALITY

STOP

Measures are only put in to stop the spread, and apply to all communities.



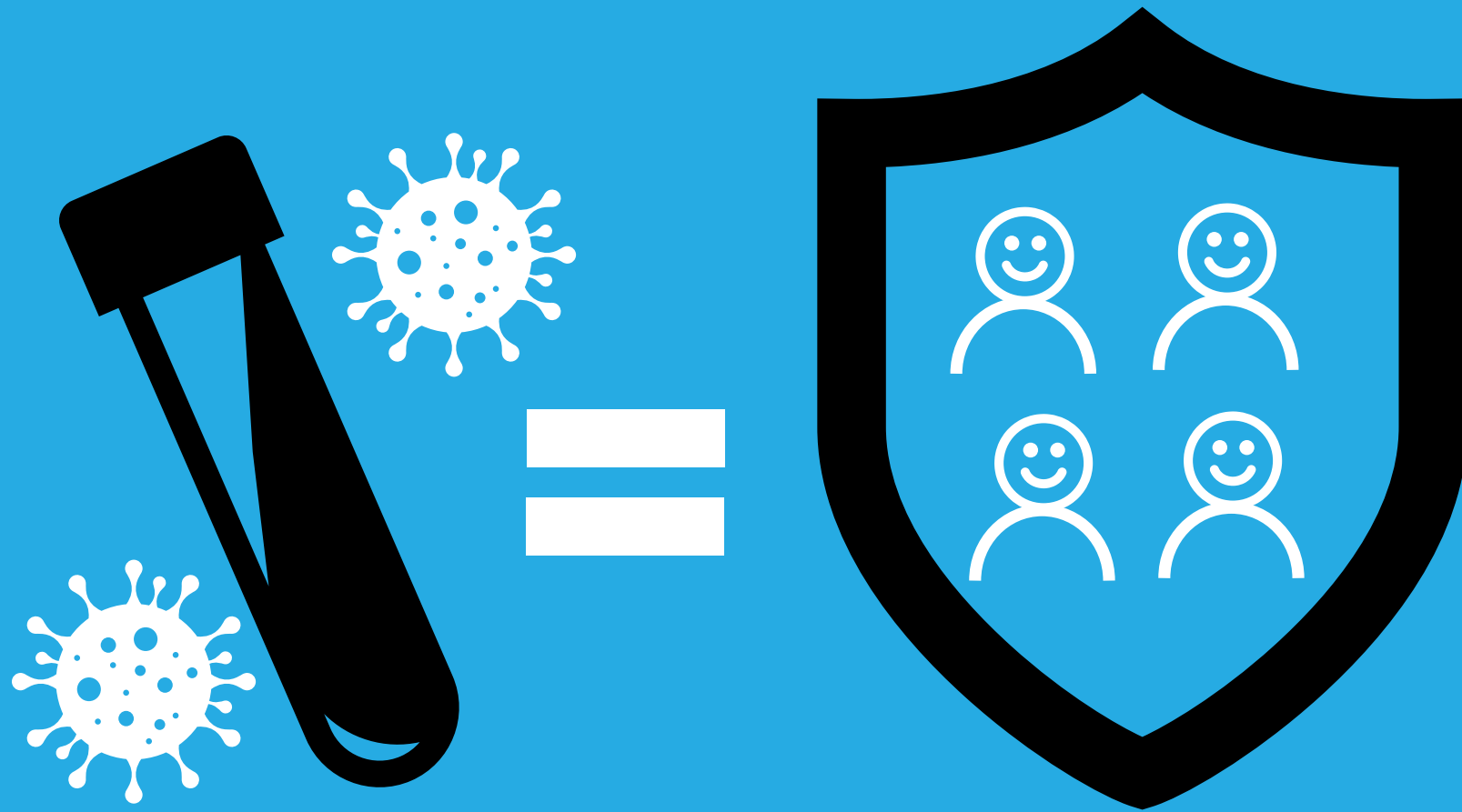
MYTH



**It's bad to get tested,
as people will know
you're infected.**



REALITY



Testing protects your friends, family and co-workers, and stops further spread.

**LET'S
DO
IT**  **FOR
LANCASHIRE**

MYTH



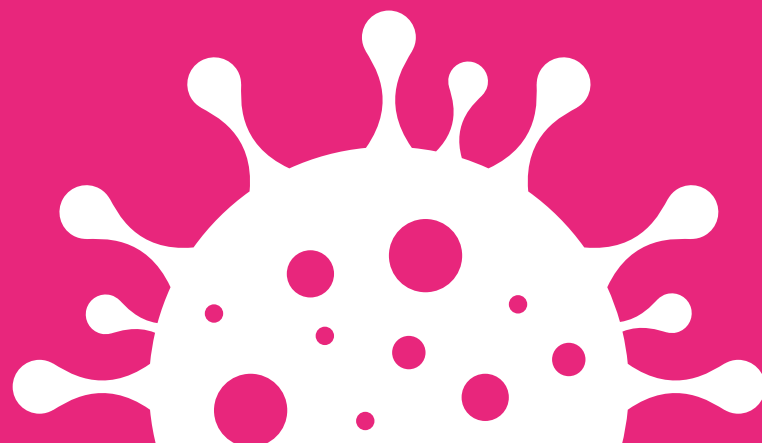
**I haven't got symptoms,
I haven't got COVID-19.**

**LET'S
DO
IT**  **FOR
LANCASHIRE**

REALITY



You can test positive for COVID-19 even without symptoms.



**LET'S
DO
IT**  **FOR
LANCASHIRE**

MYTH



**I don't know
anyone who has
had COVID-19.
It's really low risk.**



REALITY



**COVID-19 is still here.
By reducing the
spread, we can have
more normal lives.**



**LET'S
DO
IT**  **FOR
LANCASHIRE**