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## MAKE THE CHANGE

# Lancashire Domestic Abuse Perpetrator Programme (LDAPP)

The Wish Centre is a specialist domestic abuse organisation offering support and advice to victims, perpetrators, children and young people. Working with perpetrators, we can help change abusive behaviours and we provide a range of services to support men.

### Who is the course for?

Domestic abuse can mean any of the following -

- Making threats towards your partner or causing damage to their possessions
- Controlling who they see or where they go
- Name calling, using put-downs, or swearing to control them
- Pressurising your partner for sex
- Upsetting the children and making them feel frightened
- Controlling access to money

If you are working with someone who displays these behaviours, then domestic abuse is taking place. Our programmes support men to address the issue of behavioural change as opposed to anger management.

To access the programmes, men have to recognise that they use power and control to abuse their female partner or ex-partner and wish to address this behaviour. Whilst we acknowledge that some women may also be abusers, this programme is specifically for men who abuse women.





## Programmes available

The programme offers the support of a dedicated worker before, throughout and following the end of the programme. Following an assessment the following options are available -

- 14 week long group programme - Make The Change
- 20 week long 1:1 - Respect programme
- Monthly peer to peer support group – Be the Change.

The programme aims to -

- Support men to influence their thoughts, feelings and behaviours
- Promote the safety of women and children and prevent abuse
- Work collaboratively with other agencies to manage risk constructively
- Reduce repeat offending of domestic abuse crimes

Programmes will be delivered during the day and in the evenings in locations across Lancashire. On completion of the programme, local monthly peer support groups will also be available.

The programme is suitable for men who are not involved in the criminal justice process.

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## Get in touch

**Please contact us on 01254 260465** or email  
[info@bddwa.org.uk](mailto:info@bddwa.org.uk) for more information and a referral form.

