



Children and Family
Wellbeing
Service

VERSION ONE 1 April 2018

DELIVERING EARLY HELP

Lancashire

County
Council



Lancashire Children and Family Wellbeing Service



Preface

I am delighted to introduce this Service Plan because of the important difference Early Help can make to the lives and outcomes of children, young people and families.

The Plan sets out Lancashire's continued commitment to work together, to make the best use of the total available resources in the best interests of children, young people and their families.

We have a moral purpose in the way in which we work with children and families, focusing on early help to stop problems developing to the point of concern or crisis.

Lancashire is committed to ensuring services are offered as early as possible and are co-ordinated, integrated, accessible and personalised to the needs and strengths of individual children, young people and families.

In my role I am in the privileged position of going out and seeing numerous excellent examples of colleagues working with families to overcome difficulties and improve their life chances, and the positive impact this work has on their lives. When families need support this is delivered by an amazing variety of voluntary and community sector organisations as well as by public sector agencies.

My vision is to develop Lancashire into a safer, fairer and healthier place for our residents. I look forward to working with agencies across the county to shape this further and make the vision into a reality for the current and future generations. Together, let us make Lancashire the birth-place for a wellbeing revolution in the 21st Century.

Yours sincerely,

Dr. Sakthi Karunanithi MBBS MD MPH FFPH

Director of Public Health and Wellbeing

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National Context

The case for effective services delivering Prevention and Early Help is well documented. The importance of Early Help in enabling children and families to reach their full potential has been set out in a number of Government reports published nationally to improve our understanding and inform service developments when working with children and their families.

- Fair Society, Healthy Lives (*The Marmot Review, 2010*)
- The Foundation Years: Preventing poor children becoming poor adults (*Frank Fields, 2010*)
- Early Intervention: The Next Steps (*Graham Allen MP, 2011*)
- The Munro Review of Child Protection: A Child Centred System (*Professor Eileen Munro, May 2011*)
- The Early Years: Foundations for life, health and learning (*Tickell Review, 2011*)

These published reports promote Early Help as a way of working with children, young people and families, offering them support at the earliest opportunity to build their resilience and increase their ability to manage challenging circumstances before they become a problem which requires more intensive specialist support. This approach offers children, young people and families more than just a solution to a specific problem; it offers them help to develop the skills needed to deal with a similar problem if it arises in future.

Early Help for children, young people and their families does more to reduce the prevalence of abuse and neglect than reactive (costly) specialist statutory services. It focuses on addressing the wider determinants for health, including economic, social and environmental improvement in both local and national contexts. (*The Marmot Review, 2010*)



A clear message emerges from the national drivers: **early help and support is fundamental to delivering improved outcomes for children, young people and their families.**

There is also a strong economic imperative for prevention and early help. Social problems and intergenerational disadvantage place a significant financial burden on society. Youth unemployment alone is estimated to cost the economy in excess of £10 million a day. Tackling the underlying causes of social problems, through prevention and early help, could realise significant savings for the public purse. Studies have shown that every £1 spent on prevention and early help can realise savings of up to £10+.

Investing resources in this approach has the potential to combine improved outcomes with greater efficiency.

A collaborative approach is essential for delivering services focused on prevention and early help. Not just because integrated services are better able to change lives and realise greater efficiencies, but because the benefits may not necessarily accrue to organisations who operate in isolation.

A shared strategic approach will ensure partners remain focused on the potential for prevention and early help to improve outcomes for all parties in the long term.

Corporate and Strategic Context

Lancashire, like many local authorities, is operating within a climate of unprecedented challenge for both the public and voluntary sectors as demand for services increases against a backdrop of reducing resources. Despite this there are many positive developments happening across Lancashire to address these challenges.

Why do we need an Early Help Offer?

The NHS Five Year Forward View and the Sustainability and Transformation planning guidance has put prevention, a place-based approach, and integration of health and social care at the centre. This is already emerging in the two Vanguard programmes (Lancashire North and Fylde and Wyre CCG areas) and similar programmes in other local health care economies.

Local authorities and the wider public sector agencies are working more closely together to enhance the momentum in improving transport, housing and economic regeneration opportunities. This is a significant development towards reducing health inequalities. Lancashire Constabulary, the Office of the Police and Crime Commissioner, Lancashire Fire and Rescue Service and the Lancashire Schools Forum have prioritised Prevention and Early Intervention.

There is an enthusiastic VCFS sector in the county and various new business models to mobilise individuals and communities for collective action on health and wellbeing are already emerging, such as the Lancashire time credits programme.



The majority of children and young people in Lancashire achieve good outcomes - enjoying good health, feeling safe, achieving well at school, engaging in purposeful and positive activities and having good prospects for future education and employment. However, there is a significant minority of children and young people for whom the predicted outcomes remain poor:

- 18% of children living in deprived households
- 39 wards in top 10% most deprived nationally – affecting 10 out of 12 Lancashire districts (except for Fylde and Ribble Valley) (DCLG, 2015)
- 47,155 children in families in receipt of Child Tax Credits (<60% median income) or IS/JSA (HM Revenue and Customs, 2014)
- 1 in 7 pregnant mothers smoke during pregnancy – it is just over 1 in 10 nationally. (HSCIC, 2016)
- Just under 70% of mothers initiate breastfeeding after birth (NHS England, 2014/15)

- During 2015/16, there were 2,179 MARAC (Multi-Agency Risk Assessment Conference) cases; this was an increase of 4.8% on the previous year (or 2,079 cases during 2014/15). Children are exposed to abuse in the home and there were 2,519 children and young people included in these MARAC cases. More recent data suggests in the first three quarters of 2016/17 there have been 1,563 reported MARAC cases (Lancashire County Council, 2017)
- There were 1,864 looked after children in Lancashire in March 2017. 63% of these children were looked after as a result of abuse or neglect and 23% were as a result of family stress or dysfunction (Lancashire County Council, 2017)
- Infant mortality is still higher than the national average with rates in Pendle, Chorley and Burnley amongst the highest in the country (PHE, 2013-2015)
- The oral health of children and young people between the ages of 5 and 12 are poor in many areas of Lancashire.

Children and Family Wellbeing Service Vision and Purpose

The Children and Family Wellbeing Service (CFW) brings together a range of former services that work with children, young people and families, including children's centres, the Young People's Service, Prevention and Early Help and Lancashire's response to the national Troubled Families Unit programme. By doing this, the service is able to offer a wide range of support across the 0 - 19yrs+ age range (25 years for SEND) with a 'whole family' approach. This ensures that the needs of children, young people and families who are vulnerable to poor outcomes are identified early and that those needs are met by agencies working together effectively and in ways that are shaped by the views and experiences of the children, young people and families themselves.



Strong universal services help our children, young people and families to help themselves to find solutions to problems or prevent problems developing, through building resilience. Universal services are those that are routinely available to all children, young people and families, which can provide support and are often the places where emerging issues/difficulties are first identified, or where families may first ask for help. We will continue to work in partnership with providers delivering universal services, such as midwives, health visitors, school nurses, schools, Early Years settings, police, Lancashire Fire and Rescue Service and the voluntary community and faith sector.

The vision for Lancashire's Early Help offer is therefore to secure a countywide approach within which all partners who contribute to delivering early help can coordinate, prioritise and maximise their collective efforts to enable children, young people and families to achieve success, resist stress, manage change and uncertainty, and make safe decisions about their future. Given the multi-agency context and our work in partnership we hold a strong ability to influence positive outcomes for service users throughout their lives and our Early Help offer provides a framework to support partners in re-shaping existing services, to work together more effectively, utilising existing resources in a more integrated way in order to secure better outcomes for families.



At the heart of this approach is a commitment to actively involve children, young people and families in the assessment of their needs and in the joint development of their action plans to meet those needs.

Effective Early Help can only be achieved if we work together to ensure services are co-ordinated, integrated, accessible and personalised to the needs and strengths of individual children, young people and their families. This involves changing the way we deliver services by working in an integrated way, breaking down professional barriers that may get in the way of delivering the best possible services and by adopting a 'family-centred' approach to all that we do.

Statutory Remit of the Children and Family Wellbeing Service

The County Council's statutory duties relevant to this service include:

- Delivering a 'sufficient' children's centre offer to meet local need so far as this is reasonably practicable (Childcare Act 2006). This is based on population and defined reach areas, with a consideration to retain universal services, whilst concentrating and targeting those children and families who are the most disadvantaged.

- Securing young people's access to 'sufficient' educational and recreational leisure time activities and facilities for the improvement of young people's wellbeing through the delivery of a 'Youth Offer' (Section 507b of the Education and Inspection Act 2006). This includes the duty on the local authority to consult young people about positive activities and other decisions affecting their lives and to publicise information on what positive activities are available in the county/local areas.
- Making support available to young people below the age of 19 and relevant young adults (i.e. those aged 20 and over but under 25 with learning difficulties) that will encourage, enable or assist them to participate in education and training (Section 68 of the Education and Skills Act 2008) and ensure that they promote the effective participation in education or training of young person's 16-17yrs and make arrangements to establish (so far as it is possible to do so) the identities of those young people who are failing to fulfil the duty to participate in education or training – thereby reducing the numbers of NEET young people (Raising the Participation Age).

Our vision is that 'Children, Young people and Families in need of help are safe, healthy and supported to achieve'.

We will deliver this in partnership through understanding the lived experience of the child or young person by:

- Delivering the right service at the right time by the right people through effective wellbeing and preventative strategies.
- Purposeful and effective social work and care intervention, engaging children, young people and families by building on their strengths.
- Focussing on permanence by delivering lasting and sustainable outcomes for children, young people and their families.

Our Mission is to identify as early as possible when vulnerable children, young people or families would benefit from targeted support, long before issues become a problem, working with them to ensure that support offered is:

- Right for them
- Offered in the right place
- Delivered at the right time

Our Aim is to demonstrate that our interventions have a positive impact on improving outcomes for children, young people and families.

KEY OBJECTIVES >

Delivering an early help offer and action plans for children, young people and their families in Lancashire

Service User Experience

Ensure services are accessible by delivering through local neighbourhood-based centres and using outreach to go to where service users are, particularly where they are vulnerable or isolated.

Offer services which are available at times that meet the needs of service users including evenings and weekends.

Value the voice and influence of service users by seeking their contribution in shaping our service offer and involving them in opportunities to be part of service governance (advisory boards/youth councils).

Leadership

Ensure that strong service management and governance delivers accountable services by measuring and reporting on our performance and using our knowledge and intelligence to refocus services on identified needs and gaps.

Recognise the valuable role of other key services delivering early help and ensure that we take every opportunity to work in partnership and add value to our joint offer for Lancashire's children, young people and families.

Strategy

Deliver services that are whole-family focused, ensuring that children and young people remain the primary focus of the service's offer.

Promote equality and diversity and ensure services are targeted to those most in need or vulnerable.

Ensure quality and continuous improvement by regular audit/assurance against agreed standards/expectations.

Deliver one-to-one support to families, group sessions and outreach support in local community settings.

Culture

Children and Family Wellbeing service workers are flexible, approachable, responsive and professional individuals with a 'can do' attitude.

Workers are strong on collaboration and demonstrate professional leadership by holding a lead professional role and working as part of a team around the family.

Workers take responsibility for their own and their team's performance by meeting a range of defined targets and key performance indicators.

Workforce

Retain a confident and competent workforce able to build relationships and work in partnership with service users.

Ensure that staff are skilled in using Lancashire's continuum of need and agreed thresholds to identify unmet needs.

Staff use a range of tools and methodologies which are evidence-based and are effective in focusing on action planning and delivering outcomes around significant and sustained change for children, young people and families.

Delivery Processes

Embed the common assessment framework in our practice and facilitate key partners' use of the same.

Adopt a risk-sensible approach which maximises our focus on reducing the future potential for harm by responding to the impact of adult behaviours on the welfare of children and young people.

Respond proactively to shared needs by delivering creative and innovative group-based programmes on a range of issues.

When considering targeting services, the Children and Family Wellbeing Service will prioritise the following groups/individual children, young people or families:

- With Special Educational Needs and/or disabilities or with behavioural difficulties
- Experiencing neglect
- Workless or at risk of financial exclusion
- With a range of health problems
- Affected by domestic abuse
- Affected by emotional and mental health issues
- Young parents/new parents
- Parents who are unlikely to take advantage of universal early childhood services
- Young carers
- Homeless
- Asylum seekers and refugees
- At risk of and/or having experienced child sexual exploitation
- Who are Transient, including asylum seekers, economic migrants and Traveller communities
- Involved in crime or anti-social behaviour
- Not attending school regularly and at risk of exclusion
- Engaging in/affected by risk-taking behaviours
- With protected characteristics as defined by the Equality Act 2010

Children and Family Wellbeing will support Children's Social Care with cases (including Children in Need (CiN) and those stepping down from statutory level), where it is in the best interests of the child/young person, and as part of agreed plans for children and young people including those looked after by the local authority and those subject to a child protection plan.

Integrated Working Principles

We will ensure that we have a workforce that sincerely values the strengths of the family, and that is committed to working 'with' the family to increase their capacity to manage challenging circumstances by providing them with the 'tools' they need if similar circumstances arise again in the future.

This approach relies upon a highly-skilled workforce that is equipped with knowledge and behaviours to:

- Identify the 'early signs' of a range of factors that affect a family's wellbeing e.g. neglect, emotional health problems, domestic abuse, under-achievement, vulnerability, risk-taking, etc.
- Record their assessments in a clear and timely manner, collaborating with all other relevant agencies
- Analyse collated information and ensure appropriate support/interventions are undertaken together with the family
- Have a common language, so that we also have a common understanding of the needs of the family and we can work more efficiently and effectively
- Work with the family's interests at the heart of what we do
- Play our full part and where agreed 'hold the baton' as the Lead Professional for the family to build resilience until we can safely 'step down'

We will support staff to enable this way of working, offering opportunities to strengthen their level of skills, knowledge and behaviours and their ability to work in an integrated way.

Programmes of development to facilitate this new way of working have already been identified. Examples include but are not restricted to:

- 'Risk Sensible' training
- Common Assessment Framework (CAF)
- Effective Assessment and Recording
- Child and Adolescent Development
- Safeguarding
- Effective Supervision
- Better Parenting
- Attachment and Bonding



For organisation and management purposes, front-facing service delivery will be structured around five areas which will form the service delivery footprints for the Children and Family Wellbeing Service. The service delivery footprints are:

- Lancaster, Fylde and Wyre
- Preston
- Chorley, South Ribble and West Lancashire
- Hyndburn, Ribble Valley and Rossendale
- Burnley and Pendle

These service delivery footprints are configured appropriately with other key operating frameworks such as Health Economies/CCGs, Children's Partnership/Health and Wellbeing Boards. This provides some level

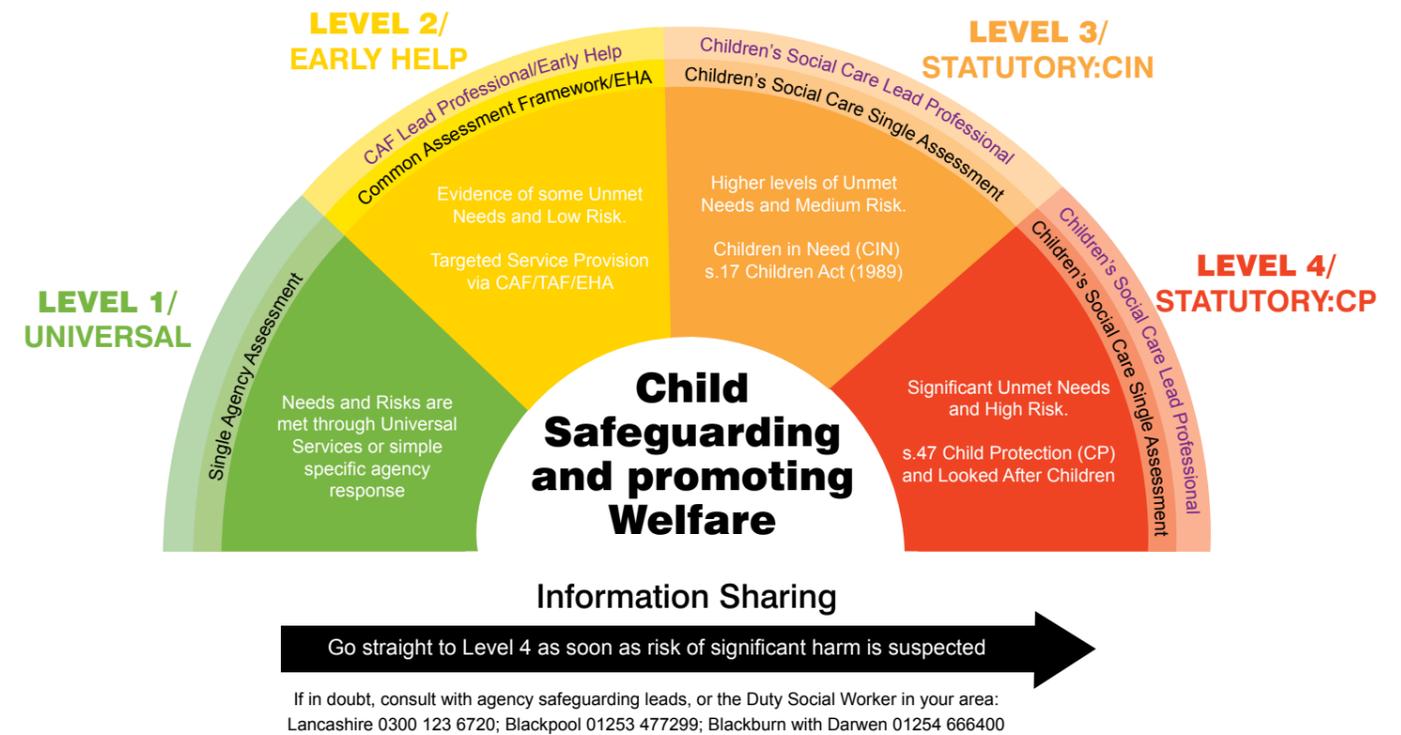


of future-proofing around planning alignment as well as operating efficiencies.

We will be based within centres in the heart of the community where a range of Early Help services can be accessed, such as Police, Lancashire Fire and Rescue and Health, as we embed integrated working with key partners delivering across the life course.

Making improvements in the integrated delivery of universal and targeted services is critical in ensuring that it is easier for children, young people and families to access the support they need, and where appropriate we will integrate our collective resources within our centres. This will require new and innovative ways of working, making more effective use of our shared resources and improving information sharing.

Pan - Lancashire Continuum of Need



Lancashire's Continuum of Need (CON) and Thresholds Guidance

The CON and Thresholds Guidance sets out the levels of need and risk experienced by children, young people and families in Lancashire. It highlights and supports the emphasis on both assessment and planning when working with a family to ensure there is a clear understanding of levels of need and risk in order to offer the most appropriate level of support to a family.

The CON and Thresholds Guidance offers multi-agency practitioners a common language and understanding to identify and describe levels of need and risk.

- Level 1** Needs met by universal services i.e. schools, health visitors and school nurses
- Level 2** CAF assessment, Lead Professional from appropriate agency, targeted support at an Early Help level
- Level 3** Section 17- Child In Need. Single assessment. Lead Professional is a social care professional
- Level 4** Section 47- Child Protection or Looked After Children. Single assessment. Lead Professional is a social care professional.

Common Assessment Framework (CAF)

The CAF is a multi-agency assessment and planning tool, designed for use with children, young people and their families, including unborn babies, by any practitioner working with a family. In Lancashire the CAF is a Family CAF which is undertaken, with consent, when unmet needs and risk are identified at Level 2 on the Continuum of Need (CON). The CAF assessment is undertaken utilising the Lancashire CON and Thresholds Guidance.

The CAF looks at the family's strengths, needs and risk and focuses on empowering families by working alongside them to build resilience

and reduce dependency. It enables agencies to follow the child's journey and enhances ongoing and effective communication between agencies and the family. It facilitates partners to work together in a Team around the Family (TAF) and identifies a Lead Professional (LP) to ensure a coordinated and joined-up approach. It enables practitioners to work alongside families, by 'working with' and not 'doing to'.

The Children and Family Wellbeing Service's work with families is underpinned by the CAF which follows the principles of one family, one worker, and one plan, to achieve the best outcomes for children, young people and their families.

The Risk Sensible Approach

The Risk Sensible model sets out a way in which practitioners work with families to identify and manage need and risk at an appropriate level and to ensure children and young people are safeguarded against significant harm. It challenges the culture of working in a risk-averse way and provides a framework to address this that supports assessment, analysis and management of risk.

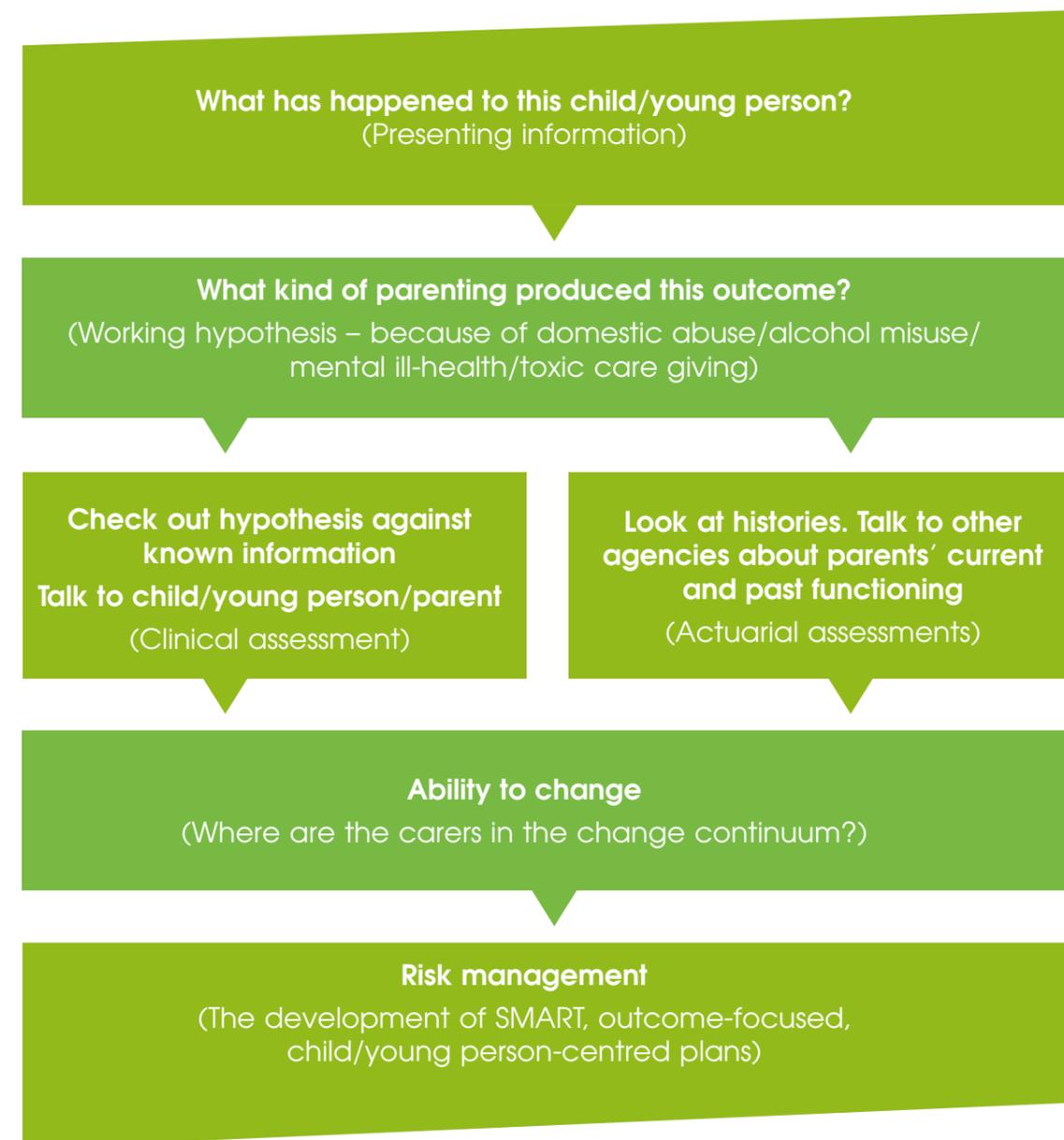
The model provides a common language amongst practitioners to talk about risk, introducing High Risk Indicators and Underlying Risk Factors as a core part of the model. The model focuses on the following areas:

Risk Assessment: The collection of information about children and families by clinical and factual means. This is completed through the process of enquiry, observation and communication with others.

Risk Analysis: Making sense of the data - the process of evaluating the impact of the child's exposure to the risk of harm and taking account of individual/family strengths and agency services that could reduce the likelihood of future harm.

Risk Management: The statement of SMART plans and the allocation of responsibilities for translating the outcomes of risk assessments and analysis into practical measures to reduce risk.

How the Risk Sensible Model Works



Children and Family Wellbeing Service

Methodology

Our approach to casework is detailed in our service offer and specification. Our model of support for children, young people and families is underpinned by a robust assessment (CAF) and is delivered through a range of centres, in family homes and in community venues.

Family Support work is targeted to reach families at Level 2 on the Lancashire Continuum of Need, and is based on a programme of interventions, identified in a SMART plan, over a 12 week period.

All families who receive this support will have a named Lead Professional and this work follows the principles of one family, one worker and one plan.

The service offer determines the level of group provision within each of our centres.

We will deploy a variety of group-based interventions to support parents, families, children and young people which target specific areas of need or vulnerabilities at an early stage. Group-based interventions may also be used to assist in de-escalation from Family Support interventions. This may include co-working with other agencies. Group-based interventions will respond to local need across the Local Authority District areas. Some group work will be effective in discharging our statutory universal responsibilities.

One-to-one casework

Group-based interventions

Outreach

Outreach and Detached work is a methodology used in both one-to-one and group work by CFW. Workers will use a centre as their base of operations whilst their delivery to children, young people and their families will be away from the centre within deprived neighbourhoods/outlying areas/rural communities/anti-social behaviour hotspots etc. This work is designed to provide a contained programme of support into communities not easily served by the geographical placement of a centre and may include use of CFW vehicles or be based in other partners' venues. There will be proportionate use of outreach work as defined by the needs of children, young people and families, to enable suitable access to services and facilitate excellent reach.

Outcomes Framework

We are continuing to prioritise our focus on a shift within the public service workforce towards delivering long-term sustainable outcomes with a short-term response culture by developing and nurturing qualities in our staff such as perseverance, resilience and innovation. We aim to enable them to focus on strengthening the capacity and capability of our most vulnerable families.

This enables us to identify as early as possible when vulnerable children, young people or families would benefit from targeted support, long before issues become a problem, working with them to ensure that support offered is:

- **Right for them**
- **Offered in the right place**
- **Delivered at the right time**

It also demonstrates Lancashire's commitment to developing sustainable provision that can build flexibility and resilience across our workforce which is well evidenced and evaluated (including cost benefits) and is able to stand up to scrutiny.

A multi-agency Outcomes Framework has been developed which provides robust measurements to monitor and evaluate the support we offer to families. This also enables us to identify both a strategic and a management understanding of what interventions work to achieve a positive impact in a sustainable way.



| Outcome 1 | Outcome 2 | Outcome 3 | Outcome 4 | Outcome 5 |
|---|--|--|--|---|
| Children and young people are safe and protected from harm <i>(Children & Young People's Plan Objective 1)</i> | Children, young people and families are resilient, aspirational and have the knowledge, capability and capacity to deal with wider factors which affect their health and wellbeing, life chances and economic wellbeing <i>(Children & Young People's Plan Objectives 2, 3)</i> | Children, young people and families are helped to live healthy lifestyles, engage in positive social activities and make healthy choices <i>(Children & Young People's Plan Objectives 2, 4, 5)</i> | Children, young people and families' health is protected from major incidents and other threats whilst reducing health inequalities <i>(Children & Young People's Plan Objectives 1, 4)</i> | Targeting those in more disadvantaged communities, the number of children, young people and families living with preventable ill health and dying <i>(Children & Young People's Plan Objectives 1, 3, 4)</i> |
| Marmot Objectives A, B, C, D, E, F | Marmot Objectives B, C, D | Marmot Objectives A, B, C | Marmot Objectives D, F | Marmot Objectives A, C, D, E |
| TFU Criteria 1, 3, 5 | TFU Criteria 1, 2, 3, 4, 5, 6 | TFU Criteria 1, 2, 4, 5, 6 | TFU Criteria 1, 3, 5, 6 | TFU Criteria 4, 5, 6 |

Marmot Objectives
A. Best start in life for children. B. Maximise your capabilities and have control over your life. C. Fair employment and good work for all. D. Healthy standard of living. E. Healthy and sustainable places and communities. F. Ill health prevention

1. Troubled Families Unit Criteria
2. Parents or children involved in crime or anti-social behaviour
3. Children who have not been attending school regularly
4. Children who need help: children of all ages, who need help, are identified as in need or are subject to a child protection plan
5. Adults out of work or at risk of financial exclusion or young people at risk of worklessness
6. Families affected by domestic violence and abuse
7. Parents or children with a range of health problems

These outcomes are strategically aligned with Lancashire's commitment to the Marmot principles (Fair Society, Healthy Lives, 2010). They also incorporate our responsibilities in responding to the requirements of the national Troubled Families programme.

Performance Framework

Performance monitoring is a key element of our approach and we will continue to use outcomes-based performance management information to evaluate and inform the design and delivery of our Early Help offer.

Performance monitoring will include detailed analysis of the presenting needs and contributing factors attributed to children, young people and families aligned to Lancashire's Continuum of Need.

| | |
|---|---|
| INPUTS What we invest | Significant financial investment A wide variety of roles and experience Delivered from locality-based neighbourhood centres |
| OUTPUTS What we deliver | One-to-one support to families Group sessions Outreach support delivered in community-based settings |
| OUTCOMES What difference have we made? | Short Term Performance-manage and monitor Medium Term Significant and sustained change Long Term Resilience and sustainability |

Lancashire's Continuum of Need thresholds are embedded within the Performance Framework and support will be delivered appropriate to the assessed levels of need and risk of children, young people and families. The overarching outcome for all Early Help interventions is that children, young people and their families are equipped to develop protective factors which enable them to strengthen their resilience and build their capacity and capability to manage risks appropriately.

Performance will be monitored and measured in a transparent and effective way, through clear accountabilities within teams and strong supervision arrangements. Evidence of findings will be regularly reported through the governance arrangements and will also be collated to meet the requirements of any national and local inspections.

Lancashire's Children and Family Wellbeing Service reports on its outcomes and performance to the Children and Young People's 0 – 25yrs Programme Board and through a multi-agency governance structure, as well as reporting to Lancashire Safeguarding Children Board. This aligns with service delivery footprints at a county and local level. The governance role also responds to the national Troubled Families Unit programme for Lancashire.

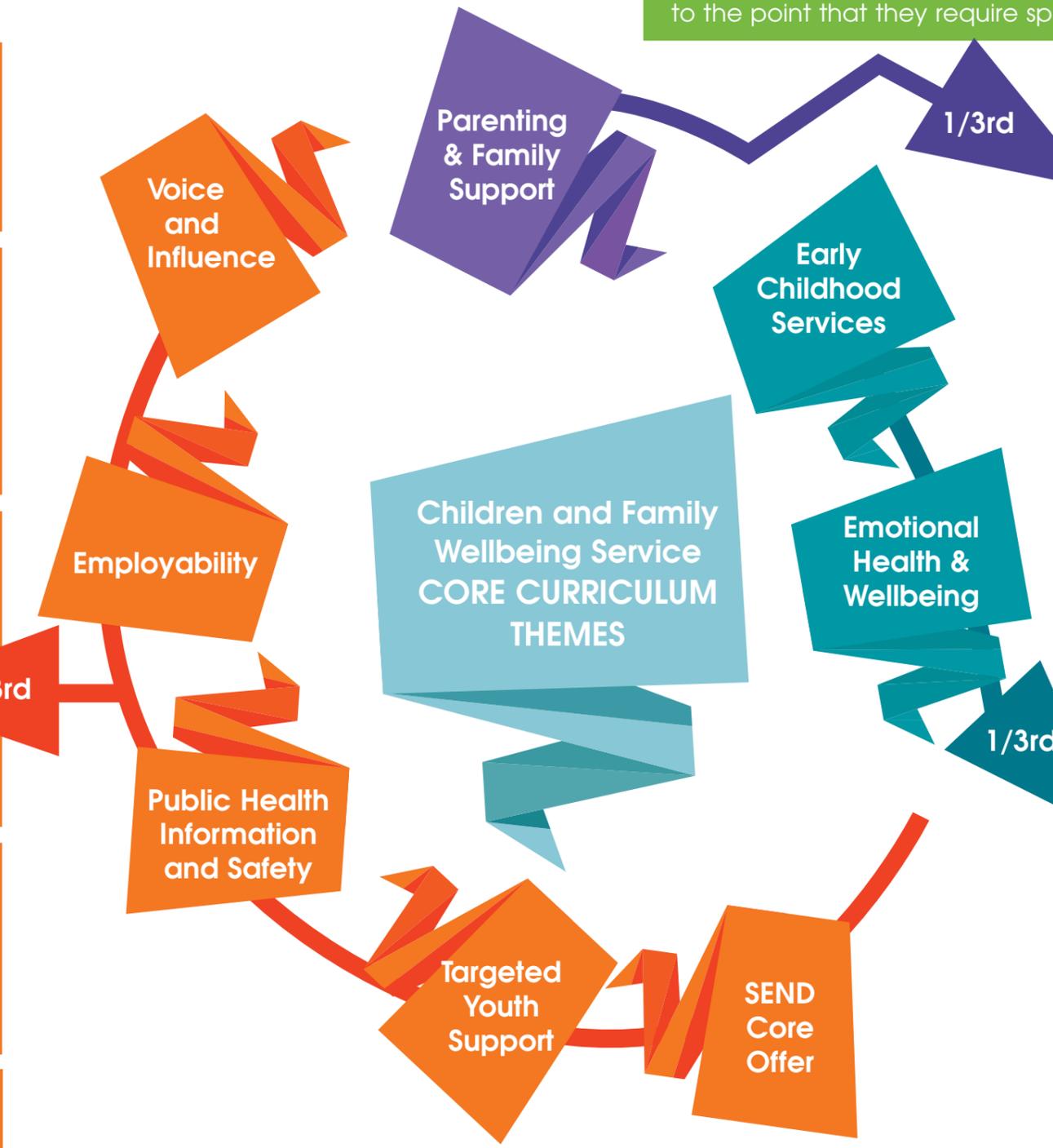
The children centre's core offer 'Advisory Board' function, in line with statutory expectations, is aligned at a district level to ensure local accountability with the inclusion of local stakeholders including service users. The voice and influence of children, young people and parents is embedded within governance arrangements and strong links are maintained with appropriate networks and forums. This includes Lancashire Youth Council, Parent Forums etc.

Statutory universal (Level 1). Help people to help themselves to maintain and improve their quality of life and prevent significant problems occurring, through the provision of a range of 'Universal' information and support.

20% + 80%

Targeted Early Help (Level 2). If problems do emerge, identify them early and provide effective 'early help' services which address and provide support on the issues concerned (Level 2). Where problems have escalated and become more complex, provide more intensive, targeted support to help individuals and families make significant changes/improvement in their lives, preventing their situation from worsening further to the point that they require specialist support or statutory intervention.

- Youth council
 - Service user involvement
 - Advisory boards
 - Signposting POWAR SEND forum group
 - Signposting LINKS looked after children forum group
-
- Not in employment/education/training tracking/follow up
 - Intended destinations for young people
 - Employability group/drop in support
 - Lancashire Adult Learning training delivery
 - Support for looked after children learning offer
 - Adults out of work/employability
 - Self-learning/volunteering signposting
-
- Targeted public health programmes
 - Vitamin D
 - Social media and online services
 - Talkzone 2-10pm/ 365 days
 - Health promotion and access to services e.g. substance misuse services, sexual health services, tobacco control/ smoking cessation and alcohol dependency
 - Child sexual exploitation outreach work and risk assessments
 - Self-harm prevention and response programmes
-
- Go4 it – promoting positive activities
 - Teenage parents' groups
 - Lesbian, gay, bisexual, transgender groups
 - Detached work (antisocial-behaviour hotspots)
 - Targeted evening-based youth work
 - Targeted residential/educational visits
-
- SEND group-based offer for children/young people with disabilities
 - Targeted SEND parenting programmes



- Strengthening families programmes
 - Domestic violence support (and Freedom recovery programme toolkit)
 - Surviving Teens programme
 - Requests for support and allocations process
 - Targeted group-based activity and issue-based group work targeted caseloads
 - Common Assessment Framework/Team around the Family/Lead Professional/ Outcome Stars
 - Dealing with problem debt
-
- Infant feeding support initiatives
 - Antenatal support (Bump, Birth and Beyond)
 - Two year-old check integrated reviews
 - Early notification process and live birth follow-ups
 - Free Early Education entitlements
 - School Nursing Service, Health Visitor Service and Midwifery drop-in and baby clinics
 - Incredible Baby and Incredible Years (0-2, 3-7)
 - NICU ward/postnatal ward support
 - Play sessions focusing on speech and language, child development and behaviours
 - Targeted baby massage
-
- Emotional Health & Wellbeing Support activity programmes
 - Behaviour and anger management programmes
 - Parental conflict
 - Poor parental mental health



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