

expressc of

fasterfresherfitter

Monday

Quorn & Sweet Potato Korma Mixed Rice & Coriander Naan

Tuesday

Vegetable Biriyani Baked Samosa & Minted Raita

Wednesday

Beef & Vegetable Keema Spicy Rice & Coriander Naan

Thursday

Chicken & Red Pepper Tikka Turmeric Rice & Coriander Naan

Friday

Chinese Chicken Curry
Chips & Mixed Vegetable Rice





