

# Menus

## Traditional Meal Deal

**Monday** Brunch, Pork Sausages, Free Range Omelette, Hash Browns & Baked Beans  
**Tuesday** Steak & Onion Pie with Chunky Diced Potatoes, Broccoli & Sliced Beetroot  
**Wednesday** Roast of the Day with Baby Baked & Creamed Potatoes & Seasonal Vegetables  
**Thursday** Spaghetti Bolognese with Homemade Garlic Bread  
**Friday** Crispy Battered Fish & Chips with Mushy Peas

## Traditional Meal Deal

**Monday** Crispy Bacon, Tomato & Mascarpone Pasta with Homemade Garlic Bread  
**Tuesday** Chicken & Vegetable Biryani with Coriander Naan Bread  
**Wednesday** Ham & Tomato Quiche with Baby Baked Potatoes, Coleslaw & Mixed Salad  
**Thursday** BBQ Chicken Melt Flat Bread with Paprika Potatoes & Mixed Salad  
**Friday** Sweet Chilli Chicken & Crunchy Vegetables with Soft Egg Noodles

## Vegetarian Meal Deal

**Monday** Spicy Bean & Vegetable Burrito with Baked Potato Wedges & Mixed Salad  
**Tuesday** Macaroni & Cheddar Cheese Bake with Broccoli  
**Wednesday** Sweet Potato, Spinach & Red Pepper Curry with Mixed Rice & Coriander Naan Bread  
**Thursday** Cheddar Cheese & Onion Loaded Potato Skins with Coleslaw & Mixed Salad  
**Friday** Homemade Cheese & Tomato Pizza with Chips & Mixed Salad

## Dessert of the Day

**Monday** Coconut Rice Pudding with Strawberry Jam, Chocolate Muffin, Fruit, Yoghurt or Juice  
**Tuesday** Seasonal Berry Eton Mess, Fruity Flapjack, Fruit, Yoghurt or Juice  
**Wednesday** Toffee Apple Sponge with Custard, Berry Muffin, Fruit, Yoghurt or Juice  
**Thursday** Lemon & Courgette Cup Cake, Chocolate Cookie, Fruit, Yoghurt or Juice  
**Friday** Warm Chocolate Brownie & Ice Cream, Jam & Cream Scone, Fruit, Yoghurt or Juice

A Choice of Hot Filled Sandwich Meal Deal or Filled Jacket Potatoes are also available on a daily basis.

## Traditional Meal Deal

**Monday** Pork Sausages & Onion Gravy with Creamed Potatoes, Carrots & Garden Peas  
**Tuesday** Creamy Paprika Chicken with Garlic & Herb Potatoes & Broccoli  
**Wednesday** Roast of the Day served with Roast & Creamed Potatoes & Seasonal Vegetables  
**Thursday** Beef Burger in a Soft Bun with Spiced Potato Wedges & Mixed Salad  
**Friday** Crispy Battered Fish & Chips with Mushy Peas

## Traditional Meal Deal

**Monday** Tuna Pasta Bake with Homemade Garlic Bread & Mixed Salad  
**Tuesday** Cheddar Cheese & Bacon Loaded Potato Skins with Coleslaw & Mixed Salad  
**Wednesday** Beef & Vegetable Keema with Mixed Rice & Coriander Naan Bread  
**Thursday** Salmon & Broccoli Quiche with Spiced Potato Wedges & Mixed Salad  
**Friday** Chinese Chicken Curry with Chips & Mixed Salad

## Vegetarian Meal Deal

**Monday** Cheddar Cheese, Onion & Potato Pie served with Baked Beans  
**Tuesday** Baked Samosa with Vegetable Biryani & Mixed Salad  
**Wednesday** Chilli Cheese & Red Onion Spanish Tortilla with Coleslaw & Mixed Salad  
**Thursday** Sweet Pepper & Tomato Pasta with Homemade Garlic Bread  
**Friday** Homemade Cheese & Tomato Pizza with Chips & Mixed Salad

## Dessert of the Day

**Monday** Paris Slice with Custard, Ginger Cookie Fruit, Yoghurt or Juice  
**Tuesday** Fruit Jelly, Chocolate Muffin, Fruit, Yoghurt or Juice  
**Wednesday** Vanilla Sponge with Chocolate Sauce, Fruit Shortbread, Fruit, Yoghurt or Juice  
**Thursday** Apple Pie with Ice Cream, Chocolate Cookie, Fruit, Yoghurt or Juice  
**Friday** Chocolate & Mandarin Cheesecake, Lemon Muffin, Fruit, Yoghurt or Juice

A Choice of Hot Filled Sandwich Meal Deal or Filled Jacket Potatoes are also available on a daily basis.

## Traditional Meal Deal

**Monday** Pork Meatballs in a Spicy Arrabiata Sauce with Pasta & Homemade Garlic Bread  
**Tuesday** Chicken & Leek Pie with Baked Baby Potatoes, Carrots, Broccoli & Gravy  
**Wednesday** Roast of the Day with Roast & Creamed Potatoes & Seasonal Vegetables  
**Thursday** Honey Glazed Gammon & Pineapple with Garlic & Herb Potatoes & Garden Peas  
**Friday** Crispy Battered Fish & Chips with Mushy Peas

## Traditional Meal Deal

**Monday** Crispy Chicken Goujon & Tomato Salsa Wrap with Paprika Potatoes & Mixed Salad  
**Tuesday** Beef & Sweet Potato Curry with Mixed Rice & Coriander Naan Bread  
**Wednesday** Sticky Chicken in Honey, Ginger and Soy with Soft Egg Noodles  
**Thursday** Beef Chilli Tortilla Basket with Baked Potato Wedges & Mixed Salad  
**Friday** Thai Chicken & Vegetable Curry with Mixed Rice

## Vegetarian Meal Deal

**Monday** Vegetarian Sausages & Onion Gravy with Creamed Potatoes, Green Beans & Carrots  
**Tuesday** Cheddar Cheese Quiche with Baby Baked Potatoes & Mixed Salad  
**Wednesday** Veggie Spring Roll with Sweet Chilli Vegetables & Soft Egg Noodles  
**Thursday** Garlic, Mushroom, Spinach & Mascarpone Pasta with Garlic Bread  
**Friday** Homemade Chilli Cheese & Red Onion Pizza with Chips & Mixed Salad

## Dessert of the day

**Monday** Apple & Berry Crumble with Ice Cream, Chocolate Cookie, Fruit, Yoghurt or Juice  
**Tuesday** Peach Melba, Lemon & Ginger Shortbread, Fruit, Yoghurt or Juice  
**Wednesday** Chocolate & Mandarin Sponge with Custard, Ginger Cookie, Fruit, Yoghurt or Juice  
**Thursday** Mixed Berry Fool with Biscuit Crunch, Chocolate Muffin, Fruit, Yoghurt or Juice  
**Friday** Jam Sponge with Custard, Raspberry Bun, Fruit, Yoghurt or Juice

A Choice of Hot Filled Sandwich Meal Deal or Filled Jacket Potatoes are also available on a daily basis.

## Week 1

WEEK COMMENCING  
6 & 27 May, 17 June, 8 &  
29 July, 19 August, 9 September,  
30 September, 21 October,  
11 November, 2 & 23 December

## Week 2

WEEK COMMENCING  
13 May, 3 & 24 June, 15 July,  
5 & 26 August, 16 September,  
7 & 28 October, 18 November,  
9 December

## Week 3

WEEK COMMENCING  
29 April, 20 May, 10 June,  
1 & 22 July, 12 August,  
2 & 23 September, 14 October,  
4 & 25 November, 16 December

All our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Whilst every effort is made to produce the published menu, please note that they may vary occasionally subject to availability.

# Putting Fun into Food

