Cecilia Jaques
Oral Health Promoter

Mouth Care for Care Homes
Oral Health and Our Aging Population

- We’re keeping our teeth longer

- Older patients have more complex dental treatments which require more care to maintain

- Many people will develop medical, cognitive or physical disabilities which means they are less able to care for their own mouths
Adult Dental Health Survey 2009

- 1 in 5 adults wore a denture/s
- 37% of adults had no natural teeth in 1968 compared with 6% in 2009
Oral Health and Regulators
Why is mouth care important?

- General wellbeing
- Improves quality of life
- Gateway to the rest of our body
- Impacts on nutrition & weight loss
- Links to general health
- Linked to respiratory infections & pneumonia
Approximately 1 in 10 cases of death from pneumonia in elderly nursing homes may be prevented by improving oral hygiene

(Sjogren et al 2008)
A review found the removal of dental plaque reduces the incidence and mortality of pneumonia

(Scannapieco et al. 2003)
Small Headed Toothbrush
Adapted Toothbrushes
- Finger Guard
- Mouth Rest
Colgate Total - 12 Hour Protection for a Healthier Mouth

To find out more about how Colgate Total works visit our website www.colgetotal.co.uk
Or for any questions or comments please call free on 00-800-321-321-32

DIRECTIONS FOR USE:
• Brush thoroughly at least twice a day or as directed by a dental professional
• Children of 6 years and younger: use a pea-sized amount for supervised brushing to minimise swallowing. In case of intake of fluoride from other sources consult a dentist or doctor.

Contains: Sodium Fluoride (1450ppm F⁻)
Ingredients:
Aqua, Glycerin, Hydrated Silica, PVM/MA Copolymer, Sodium Lauryl Sulfate, Cellulose Gum, Aroma, Sodium Hydroxide, Carrageenan, Sodium Fluoride, Triclosan, Sodium Saccharin, Limonene, CI 77891.

ppm fluoride
Amount of Toothpaste

Smear
(up to 3 years old)

Pea-size
(over 3 years old)
Common Oral Problems
Xerostomia or Dry Mouth

A

B

A

B
Dry Mouth

- Patients may complain of a very sore mouth
- Difficulties in opening their mouth, cleaning their mouth, and wearing their dentures
- Difficulties with eating and drinking
- Causes weight loss
- Affects recovery
Causes of Dry Mouth

- A side effect of many medicines
- Dehydration
- Health conditions
- Mouth breathing
- Oxygen therapy
- Side effect of Radiotherapy
- Side effect of Chemotherapy
Dry Mouth Gels & Sprays
Non-Foaming/ SLS Free Toothpaste
Secretions & Mucus
MouthEze Cleansing Tool
Denture Care
Denture Marking Kits
“Imagine yourself in hospital, unable to clean your teeth and keep your mouth comfortable. It’s not a pleasant thought.

Remember that a clean mouth is usually a healthy mouth—it’s achievement amongst your patients is up to you”.

Petrina Sweeney