PROTECT YOURSELF!

Personal Protective Equipment (P.P.E)

How to PUT ON your PPE

DON’T (Decontaminate)
ASK (Apron)
MY (Mask)
GREAT (Goggles)
GRANDMA (Gloves)

How to TAKE OFF your PPE

GO (Gloves)
AND (Apron)
GET (Goggles)
MY (Mask)
DOG (Decontaminate)

Designed by Carley Tomlinson Infection Prevention & Control Nurse