

# One Page Profile: Exemplar Secondary (mainstream)

Name

Mel Delany

What people like about me and what I like about myself

Mel is calm and gentle      Mel tries really hard and is very enthusiastic

Mel makes people laugh and she is very funny

What is important to me:

my faith: to go to Mass & do RE at school  
to be able to join in and be part of things/activities/groups  
to know & be able to follow the rules like everyone else should  
to do science and art as I like to draw and do practical things  
to play with my friends at break time  
to be in a calm environment as I don't like angry or shouty people  
to be listened to and not to be rushed  
to know what's happening next  
to have lots of opportunities & know when I'm doing well  
to have someone I can go to if I am worried about things

How I communicate:

I like to talk; to be listened to and heard.  
I like to be given time to speak and think about what has been said

How best to support me:

Include me in decisions, choices and planning  
Lead me to quieter environments if it's noisy and re-assure me  
Help me do really well as I like to work hard and do my best  
Talk with me if I don't seem happy or am anxious  
Help me get organised for lessons  
Share information in small chunks

Aspirations: What I would like to do in the future:

I want to help people in church when I am older

I want to do drawings and help in Sunday School

How these views were gathered:

Through discussions between Mel and her key support worker (scribe)

Date: 28.03.17