

One Page Profile: Exemplar Post 16 (mainstream)

Name

Tom Brown

What people like about me and what I like about myself

Happy great laugh and good friend determined really good learner
A great advocate for self and others fun really helpful and caring
Good at coping

What is important to me:

Not to be controlled by others
To speak up for people and myself
To be listened to
Working towards getting a job
To be on social media
Connecting with others
Trusted to do a good job
Seeing my friends socially & in groups
Going on holiday with my family
Getting out & about in my community
Listening to music
Playing electronic & computer games
Watching & following TV programmes

How I communicate:

I communicate verbally
I have autism
I need to be listened to

How best to support me:

People to be on time or let me know if you are running late
Don't shout or raise your voice
Don't interrupt and give me time to respond
Give me some space to focus
Reassure me if I am not sure or if I am worried
Listen to me and understand that I have autism and if you are unaware of what that means, please ask

Aspirations: What I would like to do in the future:

I want to be supported to continue with my studies at college so that I can get a job working with children, hopefully as a classroom assistant with reception age or nursery aged children

How these views were gathered:

I did this myself. Tom Brown

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