



RE-THINK YOUR DRINK!

You don't need to get your kicks from an **energy drink** fix



PERFORMANCE POETRY YOUR WAY

SESSION AIMS

TIME: 20 minutes

For young people to;

Explore the content of the poem 'Re-think Your Drink'

RESOURCES:

- Film – Re-Think Your Drink (Provided)
- Printed version of the poem (Provided)

ACTIVITY:

Groups of young people to view the film/study the words in the poetry and perform it in their own unique style.



EVALUATION AND SUPPORTING LEARNING:

Key learning points from the session should be identified and a discussion should be facilitated to enable them to be summarised by the group.