# Lancashire Outdoor EDUCATION

County Council

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'We really like the mix of activities, which were appropriate to the diverse needs of the students' Nicola, Pear Tree Specialist School



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## Welcome

### Lancashire Outdoor Education (LOE) has over 70 years experience of delivering high quality outdoor learning experiences to a wide range of customers.

We are proud that we continue to deliver outstanding educational experiences through outdoor learning.

Each of our three unique centres will work closely with you during the planning process to design a bespoke and flexible programme that meets your group's learning outcomes. Our excellent team of staff is our greatest asset – professional, friendly and welcoming. They support and encourage both young people and adults to achieve beyond their own expectations which improves their self confidence.

We offer a broad range of educational programmes for schools from early years through primary, secondary, special schools FE and HEI as well as youth and uniformed groups, families, adults and corporate groups.

Our approach at LOE is to use the outdoors for learning so young people can extend their key skills of communication, problem solving, creativity, thinking, leadership and co-operation. They will learn how to take risks in a safe and secure environment, and enhance their overall wellbeing by gaining confidence, develop character and resilience through taking on challenges and achieving success. An LOE experience will equip young people with valuable social skills for their future, improve relationships and raise their aspirations.

Read on and discover what we can do for you. If you don't see what you want, then give us a call and we will work with you to organise your programme.

I look forward to welcoming and working with you and your group at a Lancashire Outdoor Education Centre in the near future.

**Glenn Swindlehurst** Head of Lancashire Outdoor Education



# Why Choose Us?



High quality outdoor learning is at the heart of everything we do. Our customers take on activities in a safe, controlled and fun environment, taking away with them life shaping experiences.

### **Our Centres**

We have three unique centres located across Lancashire and Cumbria, each offering all-inclusive learning experiences in an outdoor environment.

### Affordability

We create bespoke programmes at affordable prices. Whether it be a day visit or a residential, we work in partnership with groups to make sure everything we do is based on sound educational principles, with a lasting impact on each individual.

## The Staff

Our tutors and instructional staff are highly qualified with national qualifications in the outdoors. All have extensive experience of building positive relationships with those they engage with.

### All-inclusive

The entire team has one common goal – to make our customers feel valued. No matter what your capabilities or specific needs, we will deliver broad and balanced programmes which acknowledge that personal development is essential to wellbeing and achievement.

### Safety

Is the highest priority for Lancashire Outdoor Education. We follow all Safeguarding Policies, working closely with the Health and Safety Team, Teaching and Learning Consultants and the Educational Visits Team at Lancashire County Council. Each Centre holds an Adventure Activities Licensing Service Licence and has external safety inspectors audit the rope courses. Every member of staff holds a first aid qualification and an enhanced DBS check.











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'I know now that in the future I can do it, you gave me the opportunity to do things I never thought I would.' Mollie, Buckshaw Primary School



## **Experience Lancashire**

## **Outdoor Education**

At our Centres, we encourage young people to understand and support each other, working as a team to overcome challenges and exceed their own personal expectations.

Drawing from an extensive range of activities to design bespoke programmes, our Centres provide: Healthy, home cooked food One free member of staff for every 10 young people A friendly team on hand to answer any questions A full information pack A quality experience from start to finish

For Lancashire Schools we work with the County Council's EVOLVE online notification and approval processes\*\* \*\*Before visiting our facility Lancashire schools must complete a visit application and risk assessment on EVOLVE which which must then be forwarded to the County Council's Educational Visits Team for approval.'



# Supporting your curriculum

# Lancashire Outdoor Education is committed to supporting young people through strong links between the outdoor experience and the school curriculum.

#### **Early Years**

We offer a range of exciting, action packed days designed to introduce the very youngest pupils to the outdoors, adventure, creativity and teamwork.

At our centres we have delivered the following outdoor themed days based on the:

- Gruffalo
- Stickman
- Hungry Caterpillar
- Bear Hunt
- Owl Babies

#### **Key Stage 1**

We offer KS1 day visits based on the **LPDS** National Curriculum Support Materials. These days will reinforce the Key Learning of the themes through outdoor learning at any one of our three centres. These days include:

#### Year 1

"Growth and Green Fingers" and "The Great Outdoors".

#### Year 2

"Explorers" and "Wind in the Willows".

We are more than happy to develop other KS1 days based on your own themes to meet your learning outcomes.



#### Key Stage Two

We cover the national curriculum requirements for outdoor and adventurous activities and offer field studies programmes to support the science and geography curriculum. We also offer a variety of day visits including "The Quest" and "Life in the Stone Age" to support the history curriculum.

Days to support the Key Learning of the **LPDS** curriculum include:

#### Year 3

"Rock and Roll and "What the Romans did for us".

#### Year 4

"Water, Water, Everywhere".

#### Year 5

"Food Glorious Food".

#### Key Stage Two/Key Stage Three Transition

We offer our popular Transition programme specifically developed for year 7s in activities that foster self-esteem and self-confidence and opportunities to develop empathy with others and team cooperation. This programme can be delivered as a day or a residential visit. Research has shown that **a residential was "worth half a term"** in terms of the gains that students made in acquiring skills and relationships helpful for the secondary school environment.





#### Key Stage Three

All of our KS3 programmes are tailored to fit your class' learning outcomes and scaffold your curriculum to your group's individual needs. Pupils can benefit from the comprehensive and personal feedback that they will receive from our staff team. These programmes will improve students' resilience, self-confidence and well-being. Research has shown that **87% of secondary students felt more confident to try new things they would not have done before a residential**.

#### **Key Stage Four and Five**

All our KS4 and KS5 programmes are bespoke and can support learners and schools following a course of study in various GCSE, A levels and various vocational qualifications. These programmes can support personal and social skills and help to develop a variety of skills including: independent learning; study and research; self-management; communication; team working and problem solving.

#### **GCSE PE**

To support pupils and schools following a course of study in GCSE PE, all the Centres have qualified, experienced staff able to deliver activity modules. We can develop techniques and skills for pupils in paddlesports, mountain biking, rock climbing, orienteering and mountaineering and, in real environments, consider the important aspects of Health and Safety, risk management and examine the environmental impacts of using the outdoors sustainably.

#### **Field Studies**

Discovering the natural world around us is an integral and vital part of what we do and our Centres are able to offer a range of field study activities. We offer our extremely popular River Studies programme for primary school pupils, whilst at GCSE and A Level we are able to support the learning outcomes of the geography and biology curriculums.



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Kenterses

Gill



#### The Duke of Edinburgh Award

We provide a range of support and expedition preparation; including tent-pitching, camp cooking, map and compass skills and route planning to help your students through both training and qualifying expeditions at each level. We can provide experienced Supervisors and Assessors and a fully inclusive fast track service for your students allowing them to complete both their training and qualifying expeditions in one residential visit.

#### **National Citizen Service**

LOE is proud to support the National Citizen Service (NCS) at all our three centres. Launched in 2011, this government funded programme which is open to all 15-17 year olds has the aim of bringing together young people from different backgrounds. On NCS, participants build skills for work and life, while taking on new challenges and adventures, building confidence and making friends for life. It helps them develop greater confidence, self-awareness and responsibility. It encourages personal and social development by working on skills like leadership, teamwork and communication. Statistics from the NCS show that **92% of participants confirmed that the programme gave them a chance to develop skills that would help them in the future.** 

#### Youth and Uniformed Groups

By engaging in adventurous activities together, whether this be climbing, canoeing, bushcraft or map reading, young people can appreciate the value of working as part of a team.

Planning and sharing experiences and reliving time away is part of building the positive relationships that young people need. We can support you and your group to achieve your Organisation's badges helping to further develop skills, abilities and understanding. This can be through either a residential, a day visit to one of our centres or there are camping facilities for you to take advantage of.





## Where are we?

With three unique Centres across Lancashire and Cumbria, offering lakeside views to woodland surroundings, we are certain you will find a destination that suits you and your group's needs.



## **Borwick Hall**

Situated in the heart of Borwick Village, our extensive grounds lie alongside the Lancaster Canal, giving us excellent access to this wonderful resource. Located just two miles from Junction 35 on the M6, Borwick Hall offers easy access to both the Lake District and the Yorkshire Dales National Parks.

### **Visit Borwick Hall**

- Unique accommodation across a traditional Elizabethan Manor House, restored stable block and modern buildings
- Perfectly positioned for offsite activities with direct access to Lancaster Canal for water sports, Yorkshire Dales and Lake District for hill walking and caving
- · Self-catering facilities available to multiple sized groups
- Offer an extensive range of onsite activities with a team challenge emphasis; from low/high ropes course to orienteering
- 11 acres of formal gardens and woodland offer excellent educational and recreational opportunities
- The site offers drying room facilities, classrooms and communal areas.

### Accommodation

160 bed capacity over several buildings with each block enjoying exclusive use of relaxing lounge areas and kitchenettes.

The Main Hall sleeps up to 56, over 14 bedrooms. Beckside comprises the North Wing with 18 single beds over 10 en-suite bedrooms (3 of which are wheelchair accessible), the East Wing with 28 single beds over 13 bedrooms (4 en-suite) and West Wing with 26 single beds over 12 bedrooms. The Stables sleeps 22 and bungalow sleeps 7 (a sofa bed in the bungalow lounge can be used for additional bed space). Camping is available onsite with access to toilets, showers and washing up facilities

Depending on the size of your group all or part of the site can be booked giving you exclusive use of your allocated building.



## **Hothersall Lodge**

Situated in the picturesque Ribble Valley, surrounded by woodland, water and fields, our seven acre grounds and canoe lake offer a great base to visit. Located 2 miles outside of Longridge, Hothersall Lodge is within easy reach of Ribchester and Longridge.

### Visit Hothersall Lodge

- Unique indoor climbing wall and caving system, accessible for all capabilities and needs
- Adrenaline-charged activities including zip line and adventure gorge
- The Centre provides the idyllic environment to introduce young people into the wonders of the countryside
- Offers field study opportunities, tutored by highly qualified instructors
- A smaller Centre that offers an extensive range of on/offsite activities from water sports, caving and mountain biking
- The site offers drying room facilities, classrooms and communal areas.

### Accommodation

#### 87 bed capacity split across several buildings.

The dormitories can sleep up to 74 (ground floor is wheelchair accessible, 4 beds can be offered as additional bed space) and the bungalow can sleep up to 13.

Camping is available onsite with access to toilets, showers and washing up facilities.

Depending on the size of your group all or part of the site can be booked giving you exclusive use of your allocated building.

## **Tower Wood**

Situated on the shores of Lake Windermere, Tower Wood offers unique facilities with our twelve acres at your disposal and our privately owned boathouse giving access to the Lake. Located four miles from Newby Bridge to the south and three miles from Bowness to the north.

### **Visit Tower Wood**

- Private lake frontage with fully equipped boathouse, offering a wide range of water sport activities
- 12 acres of grounds with stunning views across Lake Windermere
- Within easy reach of the motorway and the heart of the Lake District
- Diverse range of adventurous activities on/offsite activities including sailing, kayaking, mountain walking, climbing, ghyll scrambling and caving
- Purpose built accommodation offering accessible and en-suite facilities
- The site offers drying room facilities, classrooms and communal areas.

### Accommodation

**104 bed capacity over several buildings** with **Windermere Lodge** offering relaxing lounge spaces with kitchenettes on each floor. **Windermere Lodge** can sleep up to **59**, all rooms are en-suite, **4 rooms are fully accessible** with **en-suite wet rooms** and **bedroom** to **bathroom hoists** (the main floor and second are **wheelchair accessible**). **The Main House** sleeps **39** and **South Lodge sleeps 6**.



## **Building your programme**

Our bespoke programmes are designed and delivered in partnership with you to ensure individuals reach their learning potential in an imaginative and stimulating way. With educational principles at the core of every programme, we aim to cover an array of learning outcomes during your experience with us.



'I learnt that you can do a load more exciting activities in the outdoors than I knew.' Mia, Whitefield Primary School

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## Activities

From gorge walking and coastal scrambling, to archery and mountain biking, we have over 30 activities that will motivate you, inspire you to push yourself and engage you in learning. We are always updating and adding new elements to our activities across the Centres. For the latest updates, please see our website for more information www.lancashire.gov.uk/outdooreducation

Activity	Borwick Hall	Hothersall Lodge	Tower Wood
Abseiling	٠	•	٠
Adventure Days	٠	•	٠
Adventure Gorge		•	
Archery	٠	•	
Artificial Cave	٠	•	
Barrel-Rafting	٠	•	٠
Bell Boats	٠		
Bushcraft, Firelighting and Survival Skills	٠	٠	٠
Canoeing	٠	•	٠
Canoe-Rafting	٠	•	٠
Caving	٠	•	٠
Climbing	٠	•	٠
Coastal Scrambling	٠		٠
Dry-Slope Skiing			٠
Environmental Walks		•	
Field Studies		•	
Geocaching	•		•
Ghyll Scrambling/Gorge Walking	•	•	•
High Ropes Course	•	•	•

Activity	Borwick Hall	Hothersall Lodge	Tower Wood
Kayaking	٠	•	٠
Local Walks	٠	•	٠
Low Ropes Course	٠	•	٠
Mountain Biking		•	•
Mountaineering	•	•	٠
Orienteering	٠	•	٠
Pond Dipping		•	
Powerboat Training			٠
Problem Solving and Team Challenges	٠	٠	٠
River Kayaking	•	•	•
River Studies		•	
Rocky Rambles	•		
Sailing		•	٠
Sea Kayaking	٠		٠
Windsurfing			٠
Zip Line		•	

#### **Evening Activities**

From campfires and orienteering, to local walks and team challenges, a variety of activities can be offered and led by our experienced tutors and instructional staff. Group leaders are welcome to make use of our extensive indoor and outdoor resources at no extra cost.\*

\*Risk assessments and activity guidelines are available for these where appropriate.

# Book with Lancashire Outdoor Education

When you are ready to book, it couldn't be easier. Just follow the steps below:

Contact the Centre of your choice to discuss availability:Borwick Hall01524 732508borwickhall@lancashire.gov.ukHothersall Lodge01254 878422hothersall.lodge@lancashire.gov.ukTower Wood01539 531519tower.wood@lancashire.gov.uk

The Centre will email you a provisional booking form and information pack. This will need to be completed and returned with a 20% deposit\*.

\*Applicable to non LCC maintained schools only

Upon return of your booking form, we can begin to plan your programme.





'Scarlett has had the time of her life and memories that will last forever' Parent, Layton Primary Pupil

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