**FACILITATORS NOTES**

**Session Eight: Young Peoples Drinking and the Lancashire Picture**

Key Stages 3 and 4

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| OVERVIEW: | This session will allow young people to look at relevant data for Lancashire's young people. The session gives them a chance to prepare a short presentation and feedback to the group on a number of issues that have been highlighted by the Trading Standards Northwest Survey 2013. |
| LEARNING OBJECTIVES: | *SKILLS*   * Talk with and listen to peers and adults * Express rational arguments having researched social, moral and environmental issues * Challenge offending or unfair behaviour in others.   *KNOWLEDGE*   * Know that there are different cultural norms in society today in sexual relationships and family life * Know the roles and feelings of parents/carers   *ATTITUDES & VALUES*   * Consider their attitudes to drug users and suppliers * Respect the fact that families are different * Respect the fact that parents/carers have feelings and concerns about their children * Consider the responsibilities of parenthood and the value of family life. * Consider their attitude to the law in relation to drugs including licensing and retailing |
| PSHE Key Concepts | **Personal Identities**   * Understanding that identity is affected by a range of factors, including a positive sense of self * Recognising that the way in which personal qualities, attitudes, skills and achievements are evaluated affects confidence and self esteem * Understanding that self-esteem can change with personal circumstances such as those associated with family and friendships   **Healthy Lifestyles**   * Recognising that healthy lifestyles and the well being of self and others depend on information and making responsible choices * Understanding that physical, mental, sexual and emotional health affect our ability to lead fulfilling lives and that there is help and support available when they are threatened * Dealing with growth and change as normal parts of growing up   **Risk**   * Understanding risk in both positive and negative terms and understanding that individuals need to manage risk to themselves and others in a range of situations. * Appreciating that pressure can be used positively or negatively to influence others in situations involving risk * Developing the confidence to try new ideas and face challenges safely individually and in groups   **Relationships**   * Understanding that relationships affect everything we do in our lives and that relationship skills have to be learnt and practised * Understanding that people have multiple roles and responsibilities in society and that making positive relationships and contributing to groups teams and communities is important. * Understanding that relationships cause strong feelings and emotions   **Diversity**   * Appreciating that in our communities there are similarities as well as differences between people of different race, religion, culture, ability or disability, gender, age or sexual orientation * Understanding that all forms of prejudice & discrimination must be challenged at every level in our lives |
| YOUNG PEOPLES SERVICE | **CURRICULUM TOPICS**   * **Alcohol** * **Crime** * **Harm Reduction** * **Illegal drugs** * **Impact on relationships, sexual health** * **Impact on personal safety** * **Peer pressure and belonging** * **Physical health** * **Role of media** * **Law and consequences for young people** |