**BRIEF OVERVIEW OF THE CAN FULL OF NOTHING RESOURCE**

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| Session Title | Clips from Can full of Nothing | Stand alone session | Opportunity to show whole film | Drama Techniques used |
| 1 Introduction to Can full of Nothing | none | Yes  |  |  |
| 2 To drink or not to drink | 1-4 | Yes  |  |  |
| 3 Crunch moments | 5 & 6 | No – use after session 2  |  |  |
| 4 Having confidence, self esteem | 7 & 8 | Yes if show clips 1 to 8 |  |  |
| 5 Having fun, staying safe | none | Yes  |  | Improvisation |
| 6 You and the Law | none | Yes |  |  |
| 7 What's your risk of choice? | 4 & 5 | Yes if show clips 1-5 |  | Hot seating  |
| 8 How much is too much? | none | yes |  |  |
| 9 Healthy Relationships | 9 | Yes if show clips 1-9  |  |  |
| 10 Online relationships | none | Yes  |  |  |
| 11 to tell or not to tell | 10 | Yes if use clips 1-9 then clip 10 and end with 11 & 12 to complete the story | Yes | Thought tracking  |
| 12 When is a sexual relationship offensive? | 11 & 12 | Yes if show whole film | Yes  |  |

**Some suggested combinations for Drop Down Days:**

**Relationships:** -

Session 4 (showing clips 1-8), Session 9 (clip 9), Session 11 (clip 10) and Session 12 (clips 11 & 12)

**Risky behaviour:** -

Session 2 (clips 1-4), Session 7 (clips 4 & 5), Session 10, Session 11 or 12 and show remainder of film (clips 6-12)

**Alcohol:** -

Session 1, Session 2 (clips 1-4), Session 3 (clips 5&6), Session 6, Session 8 and show remainder of the film (clips 7-12)

**Personal Safety:** -

Session 2 (clips 1-4), Session 4 (clips 5-8), Session 5, Session 10 or 11 and show remainder of the film (clips 9-12)

**Additional Support**

Training for the workforce to deliver this resource, particularly the drama based sessions, effectively or any aspect of PSHE is provided by the **Education Health & Wellbeing Team**.

Please contact the team to discuss your organisations training requirements:

Barbara Booth or Kate Piercy

Teacher Adviser Teacher Adviser

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*(All training is charged at the standard Lancashire Professional Development Service rates for schools and settings)*