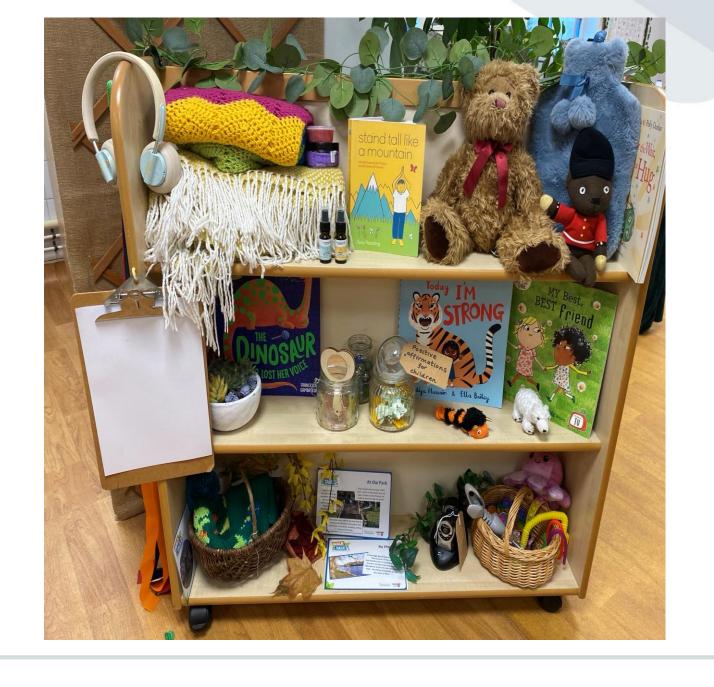
Out of School Club Resource Trolley

Autumn Term 2023

Feelings and emotions, including selfregulation and co-regulation















Yoga for those who find calm in movements



Soft teddies for comfort

Gardening for mindful tasks



Books to reinforce key messages







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What do we have to further support

Publications

- Promoting Children's Wellbeing £10
- Articles from current and previous Spotlight magazines
- Promoting children's wellbeing- The Toolkit £10
- Promoting staff wellbeing £5
- We also have a whole suite of training for our out of school clubs

https://www.lancashire.gov.uk/early-years-support-and-training/out-of-school-settings-training/

For further training opportunities visit lancashire.gov.uk/earlyyearssupport



Contact us EarlyYearsCentre@lancashire.gov.uk 01772 456405

