

Talk before they drink

1 in 4 parents in Lancashire have not talked about alcohol with their children.

Discuss the harms and risks and set rules around your child's use of alcohol before they begin to experiment.

Parents and young people should be aware that drinking, even at age 15 or older, can be harmful to health and that not drinking is the healthiest option for young people.

For more information https://alcoholeducationtrust.org/parent-area/

Do you buy your children alcohol?

Young people in Lancashire say they get alcohol mainly from parents.

Lancashire Trading Standards conducted a social experiment in a shop to see how customers reacted to different situations, a 'dad' and a 16 year old 'daughter' (both actors) attempting to buy alcohol.

How would you react ? Advice for parents - Underage drinking - Lancashire County Council



Keeping your children safe

Where are your kids tonight?

Lots of young people are stopped by the police at weekends carrying alcohol. They are often not where they have told their parents they are. Do you know where they are?

Who they are with?

Do you check party /sleepover arrangements? Do you know if other parents / friends are giving them alcohol for the evening ?

Young people are vulnerable and often find themselves in risky situations if they drink too much alcohol.

For more information <u>Underage drinking</u> | <u>Drinkaware</u>

Alcohol and the law

It is against the law:

To sell alcohol to someone under 18. For someone under 18 to buy or try to buy alcohol. For an adult to buy or try to buy alcohol on behalf of someone under 18.

For someone under 18 to drink alcohol in licensed premises, except where the child is 16 or 17 and is accompanied by an adult. In this case it is legal for them to drink (but not buy) beer, wine or cider with a meal.



