

Oral Health for Adults in Care Homes

Self-Complete Baseline Assessment Tool

<p>This self-complete baseline assessment tool provides a checklist that will help your Care Home to review current practice against NICE guidance and quality standards for Oral Health for Adults in Care Homes (NG48, QS151). It can provide evidence for CQC inspections on current practice and help you produce an action plan to address the gaps identified.</p>				
Name and address of Care Home				Date of Completion
Contact phone number and email				
Name of person completing assessment				Add review date
Position				
NICE Recommendation/Best Practice	Yes	No	Action required to comply with NG48	
1. Oral Health Policy				
Do you have an oral health policy? If No, there is an example policy in the toolkit. Please see the toolkit				
Have all staff read your oral health policy?				
Your policy should set out your duty of care around your residents' oral health needs? Does your policy contain the following information?				
a. Arrangements for access to appropriate dental services including prevention, routine, urgent/ out-of-hours, and emergency dental services?				
b. Arrangements for access to Community Dental Services and/or domiciliary dental care services?				
c. Ensure that that any members of the dental team visiting the care home are registered with the General Dental Council				
d. Carrying out an oral health assessment on entry to the care home? Please see the toolkit				

e. The process for agreeing a personalised mouthcare plan?			
f. Provision of supplies of mouthcare products?			
g. Process for gaining consent?			
h. Recording of daily mouthcare?			
i. Process for what happens if a resident refuses mouthcare?			
j. Arrangements and information on paying for treatment including applying for exemption status for NHS dental care?			
k. Arrangements and information on paying for travel to dental appointments?			
l. Availability of information on mouthcare for new residents & relatives including the process for raising concerns?			
m. Training requirements for staff e.g. mandatory training on induction and regular updates, including infection prevention and control. (See section 5 for more details)			
n. Review date for policy?			
2.Oral health assessment			
Do you carry out an oral health assessment on entry to the care home as part of the admission assessment process, regardless of length of stay?			
Are your staff trained to undertake an oral health assessment?			
Are family and friends, who are involved in a resident's ongoing care, involved in the resident's initial oral health assessment (with the resident's permission)?			
Do you use a quality assured oral health assessment tool, as in the toolkit? Please see the toolkit			

If No, does your assessment ask the resident about the following:			
a. Does the resident have their own teeth?			
b. Does the resident have any obviously decayed or broken teeth?			
c. Does the resident have any crowns/bridges/implants?			
d. Does the resident wear dentures?			
e. Are the dentures name marked?			
f. Is the resident having any problems/pain in their mouth?			
g. Does the resident have a dry mouth, gum problems, or poorly cleaned mouth?			
h. Is referral to a dentist required?			
i. Does the resident have a named dentist/dental practice? (If yes add name and address of dental practice) (If not, does the assessment form record what action is to be taken?)			
j. Does the assessment record show the review date for the oral health assessment?			
k. Do your staff know how and to whom to report oral health concerns?			
l. Review date for oral health assessment?			
3. Care planning			
Is there an oral health section in all your residents' care plans? Please see the toolkit			
Do your plans include:			
a. Level of self-care/assistance required and details of what daily care is needed?			
b. Details of preferred oral care products and who will provide them?			

c. Preferred time for oral care?			
d. Named dental practice, how often & what arrangements are set up to support access to regular dental care and advice?			
e. Date of last appointment?			
f. If no dental practice is it clear what action is to be taken?			
g. Arrangements to pay for dental treatment or identify payment exemption status?			
h. Arrangements for travel to dental appointments?			
4. Recording daily mouth care			
Is there a daily record made of teeth/denture cleaning? (and whether or not supported by staff)?			
Is there a record of any changes in the mouth and the care plan amended if required?			
Where a resident doesn't co-operate and mouthcare is not provided due to care-related stress and distress, is this recorded? (Is a record made of what action is to be taken?)			
Is there a process for staff to escalate concerns where a resident doesn't co-operate and mouthcare and/or denture care is not provided due to care-related stress and distress?			
5. Staff training			
Do all care staff receive mandatory training in oral health care on induction?			
Do staff update oral health training on a regular basis?			
Does the training include:			
a. Understanding of the oral health policy and infection prevention and control policy?			

b. Undertaking oral health assessments and when to reassess?			
c. Awareness of the risk factors and impacts of poor oral health			
d. Awareness of the signs and symptoms of poor oral health			
e. How and when to report oral health concerns this includes knowing how to ask for advice for getting prescribed mouthcare products			
f. Knowledge and skills to deliver personal mouthcare			
g. Cleaning dentures and the importance of name marking dentures			
h. Supporting mouthcare in difficult situations and what to do when a resident refuses care			
6. Access to dental services			
Do your residents receive regular prevention advice and interventions from a dental team?			
Do you know how to access routine, urgent, out-of-hours and emergency dental care?			
Are there arrangements in place for domiciliary dental care if required?			
Are arrangements in place to ensure dental teams are provided with details of a resident's medical history and list of medications?			
Are there arrangements in place to take residents to a dental surgery for treatment if required? Please see the toolkit			
Do you know how to raise concerns about availability of dental services?			

[Link to toolkit page](#)

Acknowledgement

This document is based on the North-East NG48 baseline assessment tool and has been adapted by members of the Oral Health in Care Home Working Group.