PROTECT YOURSELF!

Personal Protective Equipment (P.P.E)

How to PUT ON your PPE		How to TAKE OFF your PPE
DON'T (Decontaminate)		**G**O (Gloves)
ASK (Apron)		**A**ND (Apron)
MY (Mask)		**G**ET (Goggles)
GREAT (Goggles)		**M**Y (Mask)
GRANDMA (Gloves)		**D**OG (Decontaminate)

Lancashire County Council

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