# **One Page Profile: Exemplar Primary (mainstream)**

Name

# Sammy Smith

# What people like about me and what I like about myself

Sammy is full of fun and a bundle of energy Sammy has a beautiful smile Sammy is reliable and tries her hardest with everything Sammy will share what she knows with others and is a good study buddy

# What is important to me:

Not to be late for school

To be organised & have everything I need for the day

To be in control & to have a structured & calm day, knowing what will happen next I like to have some responsibility like a job to do daily

I don't like to get in to trouble – that would really upset me

I like to be active with run-around time

I like to have someone to play with
I don't like to be put under pressure &
understand I look around the room when I

feel stressed or nervous
I like to be noticed for doing hard work &

I like things to be fair for everyone

I prefer to be doing rather than listening -

I learn better this way

to be told I am doing well

I always need a good night's sleep

#### How I communicate:

I like to talk; to be listened to and heard.
I like to be given time to speak and
think about what has been said

### How best to support me:

Support me to have everything I need and let me phone home if I have forgotten something

Make sure I understand what is being said & that I know what homework I have been given

Make sure I have a visual timetable and that you use the prompts to support me and help me be as independent as possible Please explain all changes that are going to occur to give me time to adjust Re-assure me when I need it and praise me when I'm doing well

Date: 29.03.17

# Aspirations: What I would like to do in the future:

I want to do lots of sports and play team games

I want to do well at school so that I can get a job. I'm not sure what job yet though

#### How these views were gathered:

Sammy told her key support worker (scribe) what to put down for her