



RE-THINK YOUR DRINK!

You don't need to get your kicks from an **energy drink** fix



Opinion Finder

SESSION AIMS

For young people to;

- Voice their opinion and debate it

TIME: 20 minutes

RESOURCES:

- Opinion Finder – statement sheets (Provided)

ACTIVITY:

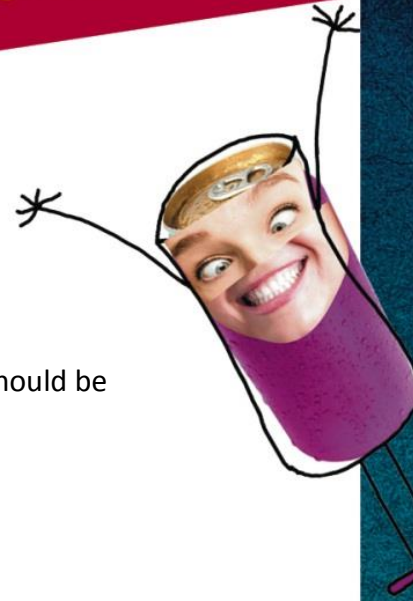
Facilitator to hand out 4 different opinion sheets per group. Each sheet has a statement relevant to energy drinks. They then debate the statement amongst the group deciding which members 'Agree strongly to Disagree strongly', collate the responses and feedback to the group.

There is also the opportunity to record comments from the group. This session provides an opportunity to discuss with the young people whether they are interested in contacting local retailers to encourage responsible retailing of energy drinks. *(There is a sample letter included in the pack that can be used as a reference)*



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EVALUATION AND SUPPORTING LEARNING:

Key learning points from the session should be identified and a discussion should be facilitated to enable them to be summarised by the group.

