



## MEMORY

- Problems with remembering recent events or conversations
- Forgetting appointments
- Constantly misplacing things, or forgetting things like leaving the cooker on
- Difficulty remembering names of people or everyday things
- Repeating things without realising
- Other people starting to notice and comment on forgetfulness

Other:



## MENTAL FUNCTIONING

- Increasing difficulties with activities that need organisation and planning
- Difficulty with numbers and/or handling money in shops
- Finding it hard to follow the thread of conversations or programmes on TV
- Finding it hard to do tasks that need concentration, such as following recipes or instructions

Other:



## CONFUSION

- Becoming confused in unfamiliar environments
- Getting lost easily, even in familiar routes
- Feeling disorientated at home, such as repeatedly going into a room and not sure why
- Poor judgement in making decisions, for example managing finances

Other:



## BEHAVIOUR

- Out of character behaviour, such as aggression or causing embarrassment in social situations
- Unusual behaviour, such as putting on clothes over pyjamas or putting things in unusual places
- Changes in sleep or appetite patterns
- Changes to level of care in personal grooming, laundry or house cleaning

Other:



## PERSONALITY

- Changes in personality, for example used to be shy and quiet, but increasingly loud and boisterous
- Changes in mood, for example feeling anxious, depressed or angry
- Easily upset when out of comfort zone

Other: