



NHS

Ask your doctor for a **free** NHS health check if you're aged **40-74**

Or find out how to book a health check near you
lancashire.gov.uk/health

**Stay healthy
for the
ones you love**

Lancashire

County
Council



A woman with long dark hair, wearing a red and gold sari, is smiling warmly while holding a baby wrapped in a white blanket. The background is a bright, slightly blurred indoor setting.


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A photograph of a man and a young boy sitting on a staircase. The man, on the left, is wearing a dark green jacket and a blue and white striped scarf. He is smiling and looking at the boy. The boy, on the right, is wearing a blue and white striped beanie and a blue and white striped scarf. He is also smiling and looking at the man. The man is holding a blue thermos and a green mug. The background shows a staircase with yellow handrails.

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