

# Looking keep active and to keep active make new friends?

Our centres have so much to offer:

- A place to make friends and link with the local community
- Social activities such as cinema nights and dinner dances
- · A caring and stimulating environment
- Fully equipped for those with physical conditions or dementia
- · Help with bathing needs
- Support for carers as well as those being cared for.

Visit one of our centres at Clitheroe, Accrington, Colne and Bacup to see for yourself.

See contact details overleaf, or call 01772 628323 for general information.





## Clitheroe

Mearley Fold Centre
Bright Street,
Clitheroe BB7 1NW
Call 01200 443 507

### Colne

Byron View Centre
Byron Road,
Colne BB8 OBH
Call 01282 866 749

# Accrington

Woodhaven Centre
Thorneyholme Road,
Accrington BB5 6BD
Call 01254 239 699

### Bacup

Parkside Centre New Line, Bacup OL13 OBY Call O1706 876 887

