**FACILITATORS NOTES**

**Session Eight: Young Peoples Drinking and the Lancashire Picture**

Key Stages 3 and 4

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| OVERVIEW: | This session will allow young people to look at relevant data for Lancashire's young people. The session gives them a chance to prepare a short presentation and feedback to the group on a number of issues that have been highlighted by the Trading Standards Northwest Survey 2013. |
| LEARNING OBJECTIVES: | *SKILLS** Talk with and listen to peers and adults
* Express rational arguments having researched social, moral and environmental issues
* Challenge offending or unfair behaviour in others.

*KNOWLEDGE** Know that there are different cultural norms in society today in sexual relationships and family life
* Know the roles and feelings of parents/carers

*ATTITUDES & VALUES** Consider their attitudes to drug users and suppliers
* Respect the fact that families are different
* Respect the fact that parents/carers have feelings and concerns about their children
* Consider the responsibilities of parenthood and the value of family life.
* Consider their attitude to the law in relation to drugs including licensing and retailing
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| PSHE Key Concepts | **Personal Identities*** Understanding that identity is affected by a range of factors, including a positive sense of self
* Recognising that the way in which personal qualities, attitudes, skills and achievements are evaluated affects confidence and self esteem
* Understanding that self-esteem can change with personal circumstances such as those associated with family and friendships

**Healthy Lifestyles*** Recognising that healthy lifestyles and the well being of self and others depend on information and making responsible choices
* Understanding that physical, mental, sexual and emotional health affect our ability to lead fulfilling lives and that there is help and support available when they are threatened
* Dealing with growth and change as normal parts of growing up

**Risk*** Understanding risk in both positive and negative terms and understanding that individuals need to manage risk to themselves and others in a range of situations.
* Appreciating that pressure can be used positively or negatively to influence others in situations involving risk
* Developing the confidence to try new ideas and face challenges safely individually and in groups

**Relationships*** Understanding that relationships affect everything we do in our lives and that relationship skills have to be learnt and practised
* Understanding that people have multiple roles and responsibilities in society and that making positive relationships and contributing to groups teams and communities is important.
* Understanding that relationships cause strong feelings and emotions

**Diversity*** Appreciating that in our communities there are similarities as well as differences between people of different race, religion, culture, ability or disability, gender, age or sexual orientation
* Understanding that all forms of prejudice & discrimination must be challenged at every level in our lives
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| YOUNG PEOPLES SERVICE  | **CURRICULUM TOPICS*** **Alcohol**
* **Crime**
* **Harm Reduction**
* **Illegal drugs**
* **Impact on relationships, sexual health**
* **Impact on personal safety**
* **Peer pressure and belonging**
* **Physical health**
* **Role of media**
* **Law and consequences for young people**
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